

# Stormont Vail Health 2017 Community Health Improvement Plan



December 2016

## **Stormont Vail Health 2017 Community Health Improvement Plan**

On May 24, 2016 the 2016 Shawnee County Health Needs Assessment was presented to the Stormont Vail Board of Directors. This assessment was the product of a comprehensive and cooperative effort by St. Francis Health, the Shawnee County Health Agency, and Stormont Vail Health. This team analyzed relevant health data, received input from a variety of social service groups plus healthcare providers, and surveyed the community at large to identify the health care needs of Shawnee County. The top healthcare issues were:

- Healthy Eating and Active Living (obesity, overweight)
- Mental Health Services and Substance Abuse (access to care, pain medications and cigarettes)
- Babies and Youth (infant mortality, immunizations)
- Access to Care and Chronic Illnesses (no health insurance, high prevalence of chronic conditions)
- Social Determinants (poverty, lack of education, crime)

For detailed information on these top healthcare issues please consult the 2016 Shawnee County Health Needs Assessment, which is available at [www.stormontvail.org](http://www.stormontvail.org).

Stormont Vail's FY2017 Community Health Improvement Plan (CHIP) identifies the specific actions this organization will undertake to address these top healthcare issues. While these actions are Stormont Vail lead, implementation of a successful CHIP will involve participation across multiple sectors of this community.

The priority areas identified for health improvement are:

- Increase Access to Primary Care Services
- Enhance Current Mental Services and Address the Community's Substance Abuse
- Assure All Services of the Maternal & Infant Program Continue
- Support Heartland Healthy Neighborhood's Workgroups

This CHIP is a dynamic document, a starting point. As efforts progress, it will be updated and amended as new programs, partnerships, and collaborations develop. Progress will be evaluated on an on-going basis and shared with Stormont Vail's management team and Board of Directors.

# Stormont Vail FY2017 Community Health Improvement Plan

Goals were developed based on the 2016 Shawnee County Community Health Needs Assessment

## Goal #1: Increase Access to Primary Care Services

<i>Strategies</i>	<i>2017 Actions</i>	<i>Timeframe</i>	<i>Champion</i>	<i>Measures of Success</i>
<b>Establish and Evaluate the Care Clinic</b>	Identify patients: Discharges on City Call, patients without a PCP (high no shows)	Sep-16	Carol Perry	ED admissions decrease for this population
	Establish clinic: staffed by Washburn Social Work Students supervised by SV Transitional Care RNs.	Sep-16		
	Evaluate the Care Clinic	Jan-17		
	Expand clinic, if successful	Jan-17		
	Identify patients: 10 or more annual visits to the ED	Sep-16	Carol Perry	
<b>Establish and Evaluate the Super Utilizer Clinic</b>	Establish clinic: Staffed by Baker School of Nursing students	Sep-16		ED admissions decrease for this population
	Evaluate the Super Utilizer Clinic	Jan-17		
	Expand clinic, if successful	Jan-17		
	Establish a Central Topeka ExpressCare	Dec-16	Deb Yocum	
<b>Develop a Central Topeka Alternative to the Emergency Department</b>	Evaluate the use of a waiver for up front payment for appropriate patients	Mar-17		Payment waivers are provided
	Create a voucher pool to assist patients getting established with the FQHC, SV Case Management supervise	Sep-16	Carol Perry	Appropriate SV discharged patients receive outpatient care at GraceMed
<b>Continue Internal Efforts to Increase Access to Primary Care</b>	Continue to recruit Primary Care providers		Eric Voth	The number of PCP providers increases
	Continue rollout of Primary Care redesign			The number of PCP office visits increases

**Goal #2: Enhance Current Mental Health Services and Address the Community's Substance Abuse Strategies**

		<b>2017 Actions</b>		<b>Timeframe</b>	<b>Champion</b>	<b>Measures of Success</b>
<p><b>Initiate a Safety Net Summit with Shawnee County Providers to Address Chronic Pain Issues</b></p>	<p>Establish regular meetings with SV, Saints, FSGC, Valeo, and Shawnee County Health Agency</p>	<p>First step will be addressing the pain medication abusers, by limiting access to multiple prescriptions.</p>	<p>Sep-16</p>	<p>Stanek Voth</p>	<p>Regular meetings are established.</p>	
	<p>The second step will be addressing the mental health issues of the population with chronic pain.</p>	<p>Dec-16</p>	<p>Mar-17</p>		<p>Systems are established to prevent multiple prescriptions for the same patient.</p> <p>Chronic pain patients are receiving appropriate mental health services.</p>	
	<p>Approach Valeo and the Central Kansas Foundation about partnering on the establishment of a detox unit.</p>	<p>Jan-17</p>	<p>Mar-17</p>	<p>Stanek Voth</p>	<p>A subacute detox unit is established.</p>	
<p><b>Evaluate the Feasibility of Opening Subacute Detox Unit with Community Partners</b></p>	<p>Evaluate the feasibility of a subacute detox unit, if community partners are interested.</p>	<p>Mar-17</p>				

**Goal #3: Assure All Services of the Maternal & Infant Program Continue**

<i>Strategies</i>	<i>2017 Actions</i>	<i>Timeframe</i>	<i>Champion</i>	<i>Measures of Success</i>
Monitor GraceMed's performance on the M & I Program	Develop monthly reports evaluating the current M & I Clinic. If GraceMed's performance falls short of expectations, approach them about taking over this program	Sep-16	Carol Perry	GraceMed or SV continue to provide the same level of service for the M & I program

**Goal #4: Support Heartland Healthy Neighborhood's Workgroups**

<i>Strategies</i>	<i>2017 Actions</i>	<i>Timeframe</i>	<i>Champion</i>	<i>Measures of Success</i>
Encourage SV staff to participate in Heartland Healthy Neighborhood work groups	Key workgroups are: Healthy Eating, Healthy Babies, Awareness of Healthcare Resources and Health Equity Monitor progress of these groups and provide additional resources, if possible	Jan-17 ongoing	Peterson	All Heartland Healthy Neighborhood work groups have a SV member
Develop programs and services to enhance the health status of our employees.	Implement Strategies from Kansas Healthy Hospitals Initiative	Oct-16	Cunningham	No beverages with added sugar policy implemented.
	Continue reduced pricing of healthy foods in the cafeteria	ongoing		
	Encourage staff and spouse participation in the Omada program, which helps participants develop healthier lifestyles.	Oct-16	Becker	Calculate the percent of eligible participants.