

volunteer voice

A publication for Stormont Vail Auxiliary members & volunteers

● November 2018 ●



Awards, Recognition Highlight Annual Auxiliary Meeting

The annual meeting of the Stormont Vail Health Auxiliary was held on Oct. 4. Approximately 55 members attended the meeting. Darlene Stone, senior vice president and chief human resources officer, thanked Patty Pressman, outgoing Auxiliary president for the outstanding job she has done in leading the Auxiliary this past year. Stone also gave an update on current initiatives at the hospital.

Special recognition was given to Chris Jennings, Food Connection manager, and Rexie Evans, Gift Shop manager. Both shops gave a combined \$280,000 to the Auxiliary to disburse for hospital projects, department equipment and other needs. Over \$227,000 was allocated for department requests and \$53,000 to the Stormont Vail Foundation for nursing scholarships, CareLine and other programs. Including all of the Auxiliary's fundraising activities, the



Lois Jones, Auxiliary past president, installs the 2018-19 officers, from left, Vernon Long, Martha Granger, Craig Selley, Sharon Durkes, Sharon Long and Bernie Becker.

total raised for 2017-18 was over \$306,000.

Ione Frank received the 2018 Distinguished Auxilian Award. Ione is a long-time auxilian and active volunteer.

New officers for the 2018-19 year were installed and are: Vernon Long, president; Jane Mackey, president-elect; Sharon Durkes, secretary; Sharon Long, assistant secretary;

Martha Granger, treasurer; Craig Selley, assistant treasurer; Bernie Becker, member at large; and Judy Moler, parliamentarian.

The Auxiliary expresses their appreciation to staff who support the book and uniform sales, the Food Connection and Gift Shops, and other fundraising activities throughout the year. The Auxiliary will celebrate 70 years of service and support to Stormont Vail in 2019.

Holiday Gift Coupon for Volunteers Arriving Soon

In appreciation of your service to Stormont Vail Health, all active volunteers will receive a holiday gift coupon in their mailbox. The \$15 coupon is redeemable in either the Auxiliary Gift Shop or the Food Connection from Nov. 5 through Dec. 24. We encourage you to use your coupon in one of these shops.

You may also choose to donate the amount of the coupon by designating a Stormont Vail project. If you choose to donate, complete the information on the form and mail it or drop it off with Volunteer Services before Dec. 24.

The coupon is being mailed just in time to shop at the Gift Shop's annual Holiday Open House on Nov. 5.

Ione Frank Receives Distinguished Auxilian Award

At the recent auxiliary annual meeting, Ione Frank was awarded the 2017-18 Distinguished Auxilian Award. This award was established in 1992 as a means of honoring one individual who has provided distinguished auxiliary service and has made a difference in the lives of the people Stormont Vail Health serves.

Ione is well-known for her many contributions to Stormont Vail Health. Ione began her association with the hospital as a graduate of the Stormont-Vail School of Nursing. Through most of her career, Ione worked as a registered nurse in psychiatry for the Topeka State Hospital.

Ione exemplifies the qualities of being a dedicated and conscientious volunteer. An active member of Auxiliary Group 1, she participates in group and lunch and learn meetings, and is always one of the first to sign up for special events such as proctoring school of nursing students, assisting at the annual flu blitz, sorting and labeling angels for the angel tree project, and helping with uniform sales. Ione has volunteered at the Customer Resource Center but, in recent years, helps deliver complementary notepads and pens to new patients through the Patient Room Service program. Patients love to be greeted by her warm smile and uplifting personality! And, the staff in Volunteer Services look forward to Mondays when they know Ione will arrive with great enthusiasm!

Ione is a shining example of service to others, and will soon surpass 1,700 hours of service. One of her outstanding traits



is that she takes time to listen, which is an important part of welcoming patients to the hospital during her weekly visits. She sacrifices herself many times by placing the needs of others and her volunteer responsibilities ahead of taking care of herself. She is one who does not like the limelight, and quietly goes about helping others in her own kind ways. Ione is one of the reasons we have such awards. It gives an opportunity to recognize an individual who has worked unselfishly for the organization, is always respectful of people, and demonstrates her passion for the institution she supports. Ione most definitely exemplifies what a volunteer should be, and is very deserving of the Distinguished Auxilian Award. Congratulations, and thank you to Ione for her commitment.

Recipes Make Perfect Complement for Fall Weather

The leaves are falling quickly, and the crispness in the air is more noticeable. That means only one thing: Time to get the soup recipes out. These recipes come from the Auxiliary archives and were very popular on the menu. Both were served in the Auxiliary's snack shop from the 1950s-80s and stayed on the menu in the 1990s at the Food Connection. We thought you might enjoy. Note: These recipes have been modified to serve an average size family.

Auxiliary's Famous Vegetable Soup

2 large cans tomato juice
1 cup onions, diced
1 medium head cabbage, diced
1 ½ cups finely chopped celery
2 cup diced or crushed tomatoes
1 pkg. frozen mixed vegetables
15 medium potatoes, chopped in small pieces
Combine all ingredients and cook until tender. About 1½ hours before done, add ¾ cup Minute Rice. When almost done, add 2 tablespoons beef base.

Auxiliary's Chili

2 ½ lbs. ground beef
½ tablespoon salt
¼ tablespoon pepper
½ tablespoon oregano
½ tablespoon garlic powder
1 tablespoon paprika
½ cup dried onions
¼ cup chili powder
1 large can tomato juice
1 No. 10 can red beans
Brown ground beef and drain excess fat. Combine all ingredients and simmer for 30 minutes.

New Volunteers

Please welcome these individuals to the Stormont Vail Health volunteer team.

- Anthony Rodriguez – Gift Shop
- Marissa Meyer – Gift Shop
- Skylee Gordon – Nutritional Services & Kanza Park
- Dale Staab – Heart Center Ambassador
- Kathleen McDonald – Pediatrics
- Taylor Skelton – Palliative Medicine & Supportive Care
- Juan Sexton – No One Dies Alone (additional assignment)
- Shayla Adams – Perioperative Services
- Gia Armstrong – Registration
- Mikayla Langdon – Emergency Department
- April Perez – Registration
- Noehmi Solis – Neonatal Intensive Care
- Rose Aubert – Surgery Waiting Room
- Alyssa Tipton – Digestive Health
- Donna Rippe – Gift Shop
- Abigail McBee – Emergency Department
- Anita Abbott – Cardiac Rehabilitation
- Warren Abbott – Neonatal Intensive Care
- Miurel Hamburger – Radiology CT
- Brayan Nunez-Espinoza – Food Connection
- Janae Pauly – Emergency Department
- Peyton Proffitt – Building Blocks
- David Lubeski – Lobby Ambassador
- Louisa Stirtz – Neonatal Intensive Care
- Shanna Jochum – Emergency Department
- Rachel Darling – Rehabilitation Services
- Debbie Dabney – Neonatal Intensive Care
- Natalie Eisenbarth – Emergency Department
- Ruth Neal – Cancer Center Ambassador
- Stacy Kennedy – Neonatal Intensive Care
- Grace Leach – Pediatrics

Welcome to the Stormont Vail Health volunteer team!



Accepting the Gold Award of Excellence at the 2018 KHA Annual Convention were Randy Peterson, Stormont Vail Health president and CEO, and Patty Pressman, Stormont Vail Health Auxiliary president.

Auxiliary Receives Gold Award

Patty Pressman, Stormont Vail Health Auxiliary president, and Randy Peterson, Stormont Vail Health president and CEO, accepted the Gold Award of Excellence on behalf of the Stormont Vail Health Auxiliary at the conclusion of the 2018 KHA Annual Convention on Sept. 7. This marks the 31st consecutive year the Auxiliary has been recognized as a Gold Award recipient. Pressman prepared the application, which documents auxiliary fundraising, activities and projects throughout the year. Many thanks to all of the auxiliaries who served on committees and worked to help our auxiliary meet the standards for the Gold Award.

Notify Volunteer Services for Absences, Holiday Coverage

This is a reminder to contact Volunteer Services as soon as you know if you are unable to be here for your regular scheduled assignment. You may notify us by emailing, volunteerdept@stormontvail.org or calling the office, 354-6095. As much advance notice is appreciated. We realize in the event of illness or emergencies that it is not always possible to let us know too far in advance, and we certainly understand. In many of the areas where volunteers serve it leaves a void if we are unable to find a substitute. So, we really appreciate as much notice as possible, appreciate all that you do, and thank you for signing up to work extra shifts when another volunteer needs to be absent!

Several holidays are approaching. At Stormont Vail, we will recognize the following days as official holidays and you will not be expected to be here, if scheduled. Thanksgiving holiday will be observed Thursday, Nov. 22, Christmas will be observed Tuesday, Dec. 25 and New Year's will be observed Tuesday, Jan. 1. Thank you!



Volunteers Craft 82 'Warm Fuzzies'

One hundred fifteen volunteers from the community gathered in the Pozez Education Center Centennial Rooms recently to make no-sew fleece blankets for the pediatric patients. Scissors and fingers were in full motion as the group divided up into two sessions to complete a total of 82 blankets. The blankets will give the Pediatrics unit a good supply to start with for the winter months ahead. Warm Fuzzies events will be scheduled in 2019 as the supply of blankets warrants another blanket-making day. Thanks to all of the community volunteers and Stormont Vail Health employees who participated.

Don't Miss Gift Shop's Holiday Open House

We invite you to be a part of the annual Auxiliary Gift Shop Holiday Open House on Monday, Nov. 5, from 9 a.m.-4 p.m. to celebrate the beginning of the holiday season.

The shop will be decorated with displays of holiday and unique gift items. Many people are involved in the selection of the merchandise – the Auxiliary's merchandise committee, gift shop staff and volunteers. Their input and selections create a nice diversity of gift items to please all customers who frequent the shop. Mark your calendar and enjoy the results of a lot of hard work by so many. In keeping with tradition, homemade treats will be provided.

If you signed up to bring cookies, they can be delivered the week of Oct. 29 to the Volunteer Services office or to the Gift Shop.

Calendar

Through Jan. 10

Accepting applications for school year volunteer program

Nov. 5

Auxiliary Gift Shop Holiday Open House

Angel Tree Cash and Carry – 9 a.m.-4 p.m. – Hospital Main Lobby

Nov. 9

Angel Tree Cash and Carry – 9 a.m.-4 p.m. – Hospital Main Lobby

Nov. 19

Angel Tree Cash and Carry – 9 a.m.-3 p.m. – 823 S.W. Mulvane

Nov. 22

Thanksgiving Day – volunteers are not scheduled

Nov. 26

Angel Tree Cash and Carry – 9 a.m.-3 p.m. – Cancer Center

Dec. 3

Angel Tree Cash and Carry – 9 a.m.-3 p.m. – Cancer Center

Dec. 10

Angel Tree Cash and Carry – 9 a.m.-4 p.m. – Hospital Main Lobby

Dec. 17

Angel Tree Cash and Carry – 9 a.m.-3 p.m. – 823 Mulvane

Dec. 20

Angel Tree Cash and Carry – 9 a.m.-4 p.m. – Hospital Main Entrance

Dec. 14

Stormont Vail Holiday Dinner – Sunflower Terrace Cafeteria (for staff and active volunteers) – see times in this issue

Dec. 17-21

Holiday treats in Volunteer Services – 9 a.m.-3 p.m.

Dec. 25

Christmas Day – volunteers are not scheduled

Jan. 1

New Year's Day – volunteers are not scheduled

Angel Fund Ornament & Keychain Sale Starts Nov. 5

Since 2006, the Angel Fund has been helping patients of the Cotton O'Neil Cancer Center by providing them with basic needs including housing, food, utilities, transportation, cosmetic prosthetics and medicines.

This support and care helps reduce the stress of maintaining daily routines during treatment and contributes to retaining a good quality of life.

Funding for the Angel Fund comes primarily through donations by the sale of Angels for decorating the annual Angel Tree during the winter holidays.

2018 Sale Locations & Times

North Tower, Stormont Vail Hospital | 9 a.m. to 4 p.m. | Nov. 5 & 9, Dec. 10 & 20

Cotton O'Neil Cancer Center | 9 a.m. to 3 p.m. | Nov. 26 & Dec. 3

Cotton O'Neil Mulvane | 9 a.m. to 3 p.m. | Nov. 19 & Dec. 17

Ornament: \$8



Keychain: \$6



News & Notes

Don't Forget to Change Your Clocks

Daylight Saving Time ends at 2 a.m. on Sunday, Nov. 4. Be sure to turn your clocks back one hour before you go to bed on Saturday night, Nov. 3. This is also a great time to change the batteries in your smoke detectors.

Academic School Year Program Accepting Applications

The Volunteer Services department is accepting applications for the academic school year program, which runs from now through Jan. 11. Youth age 14 and older and college students may apply online at www.stormontvail.org then click on Give and Volunteer to review the criteria and application process. Opportunities can also be viewed on the website for after school and weekend assignments. Volunteer Services will contact applicants to schedule an interview. For questions, email us at volunteerdept@stormontvail.org or call (785) 354-6095.

Volunteers Invited to Annual Holiday Meal

Stormont Vail Health active volunteers are invited to participate in the hospital's annual holiday meal on Friday, Dec. 14, in the Sunflower Terrace Cafeteria. You may attend one of the serving times. Lunch will be served 10:30am-1:30pm and dinner will be served 5-7 pm. No ticket is required, but we recommend you wear your volunteer badge.

HAK 2018 Annual Convention

The convention, held Sept. 6-7 in Overland Park, was well attended by auxiliaries from across the state. Stormont Vail Health was represented by Kathy Harr, Vernon and Sharon Long, Patty Pressman, Lue Anderson, Connie Hubbell, Carolyn Jones, Linda Bond and Sharon Durkes. During the day-and-a-half program, members had opportunities to review auxiliary scrapbooks, participate in a silent auction, visit several vendors and hear inspiring speakers.

Our very own Auxiliary member and past president Kathy Harr was installed as the HAK District 1 Coordinator. We extend our support to Kathy in this role and know she will represent Stormont Vail well.

Send Us Small Moments!

We know that every single day, small moments happen at Stormont Vail, whether it is making a patient's day brighter, assisting a family or visitor to find their destination, taking an interest in someone who needs to be listened to, or sharing your willingness to help a volunteer or staff team member. GOOD DEEDS HAPPEN ALL OF THE TIME. We would like to know more about the stories and instances where you create small moments for the people you connect with while serving as a volunteer. As giving as all of you are, it is natural to want to avoid the spotlight. We think it is important to share those stories.