# 2018 ANNUAL REPORT TO THE COMMUNITY

## Every moment matters.



stormontvail.org



## MESSAGE FROM THE PRESIDENT & CHIEF EXECUTIVE OFFICER

As I reflect on 2018 and my time with Stormont Vail Health, there are two things that stand out to me: our transition to a population health organization, as well as our growth. It is an exciting time to be a part of health care in Kansas, and I am proud to be part of an organization that puts the health needs of the communities it serves first.

This past year, Stormont Vail piloted a redesign to our primary care settings. We began incorporating social workers and behavioral health into our primary care offices. This is because we know that the social determinants of health play a greater role in health outcomes than genetics and lifestyle. If we can join with the right community partners to address issues such as food insecurity, transportation and safe housing, then we will also better address health care needs. We have also partnered with Blue Cross and Blue Shield of Kansas and have realized shared savings that resulted from changes to the way we provide care. We can now reinvest those savings into our communities.

Health care is ever-changing, and Stormont Vail continues to find ways to grow. We expanded services in pain management, bariatrics, dermatology, plastic surgery and primary care. We experienced nearly \$100 million in net revenue growth. And, we grew to more than 5,100 team members, impacting the economies of more than 13 Kansas counties and truly investing in the communities we serve.

I look forward to watching Stormont Vail Health continue to grow and shape the future of health care in Kansas. While I will be watching from a different position, I know that by continuing to invest in value and quality, and partnering with community organizations, together we can improve the health of Kansas.

Sincerely, Randy Peterson

MISSION

Working together to improve the health of our community

## VALUES

**Service to Others** We meet or exceed the needs and expectations

of those we serve.

- **Quality** We create an environment of trust, comfort and confidence brought about by a competent, compassionate and caring staff.
- **Teamwork** We do together what cannot be done alone.
  - **Respect** We honor the dignity and creative potential of each staff member.
- **Viability** We assure our mission by remaining profitable.

### VISION

Stormont Vail Health will be a national leader in providing compassionate, high-quality and efficient integrated care through collaboration that results in a healthier community.



## MESSAGE FROM THE FUTURE PRESIDENT & CHIEF EXECUTIVE OFFICER

The future of Stormont Vail Health is bright, and I am excited to be a part of it.

Our team is well prepared for our transition to a population health organization, one focused on improving the health of our communities.

The relationships we build today with our communities, with partners, and with each other, will secure the future of Stormont Vail Health as the preferred health provider in central and eastern Kansas.

As these new and current relationships develop, the constant will be the care and caring of our team.

Connecting and building relationships with our communities has many different looks. It looks like living a culture of Small Moments; it looks like participating in and raising money for the Race Against Breast Cancer; it looks like providing health education; it looks like comforting a patient who has received uncertain news; it looks like being a national leader in clinical research; it looks like finding partners to begin addressing social determinants of health, including education, transportation, food resources and safe living environments; it looks like maintaining high standards of safety and quality; and it looks like spending every day making human connections that bring joy, new possibilities and growth to our communities.

Those human connections bring unlimited potential. We are connecting with partners, patients and our communities in new and expanded ways that will lead to improving health. We remain focused on continuing to provide high-quality medical care across Kansas. It is why we do what we do, every day.

Sincerely, **Robert Kenagy, M.D. Senior Vice President & Chief Medical Officer** 

### 2018 IN REVIEW

Stormont Vail Health has been part of Kansas communities for more than 130 years, building strong community ties, caring for our neighbors, and providing some of the highest quality care in the state. Throughout those years we have transformed and evolved to be at the forefront of health care in the state. Today is no different.

2018 was an exciting year as we continued our transition to a population health organization. We know that health is affected by more than disease or clinical condition. Health is affected by behavioral health needs, by whether a person receives preventative care like mammograms and colonoscopies. More importantly, health is affected by social determinants, such as food insecurity, safe housing, and barriers to health services like lack of transportation.

The goal of population health is to help our communities be healthier. We know that to make our communities healthier, we need to **BUILD PARTNERSHIPS** that benefit the community, we need to invest in improving **VALUE, QUALITY AND SERVICES**, we need to continue to **GROW AND EXPAND** access to health services, and through all of this, the care we give should be **RECOGNIZED FOR EXCELLENCE**.

## **BUILDING PARTNERSHIPS FOR THE COMMUNITY**

With more than 5,100 team members, 500 volunteers and 500 employed providers, when we say we care for our community we know we are caring for our friends, neighbors, families and each other. That is why it is so important to build partnerships that help our community flourish.

#### MAYO CLINIC CARE NETWORK

Stormont Vail Health celebrated its fourth anniversary as a member of the Mayo Clinic Care Network. This collaboration has resulted in more than 1,000 eConsults, helping expand our medical expertise, all while keeping patients close to home.



#### CHILDREN'S MIRACLE NETWORK

In 2018, Stormont Vail Health became a Children's Miracle Network hospital, representing children across 15 Kansas counties. Since joining the network, more than \$570,000 has been raised to help Kansas kids live healthier thanks to partnerships with Walmart, Ace Hardware, Dairy Queen and many more.



Francine Gollub, child life specialist, and Anna Smith, Children's Miracle Network Champion share a happy moment.

#### **GIVING BACK**

As an organization, Stormont Vail contributed to 58 community organizations. In addition, team members raised more than \$159,000 for the United Way, the March for Babies and the Race Against Breast Cancer. Teams across the organization also participated in community service projects throughout the year including working at Harvesters, adopting Christmas families and donating to Helping Hands Humane Society.



Our Quality Improvement team shows off their filled boot in support of the Race Against Breast Cancer.

#### **WELLPOWER**

Stormont Vail Health launched **wellpower**, a healthy living initiative, featuring the **wellpower** video series on Facebook and **wellpower** Family Fun Day – a day of play, encouraging families to be healthy together.



## **IMPROVING VALUE, QUALITY & SERVICES**

As the preferred provider in Shawnee County, we know that our community expects us to lead the way in new services that add value to the care we provide, as well as to encourage healthy living before medical care is needed. This is why we have invested more than \$6.7 million in new services, safety improvements and technology in 2018.

#### NEW SURGICAL TECHNOLOGY

Stormont Vail expanded surgical services by purchasing an intraoperative CT navigation system to support our growing neurosurgery program, an advanced da Vinci Surgical System for roboticassisted surgery, as well as a shoulder navigation system that enhances accuracy in shoulder replacement surgery.

#### CARDIOLOGY ADVANCEMENTS

In 2018, our cardiac team completed their 100th transcatheter aortic valve replacement, helping patients with aortic valve stenosis who are not candidates for open heart surgery. They also completed the 50th Watchman procedure, reducing the risk of stroke in patients with atrial fibrillation.

#### **REACHING ZERO**

We launched the Reaching Zero campaign—an ambitious goal to reduce all falls and hospitalacquired infections to zero. Since the launch of the campaign, our team members have reduced central-line blood infections by 63 percent, Clostridium difficile infections by 50 percent, and catheter-associated urinary tract infections by 43 percent. We are excited to continue this campaign in 2019.

#### **PRIMARY CARE REDESIGN**

We know that 60 percent of factors that affect health outcomes are based on social determinants such as food insecurity, safe housing and barriers to access of health services like lack of transportation. Stormont Vail piloted a redesign of primary care at Cotton O'Neil North, bringing behavioral health, nutritionists and social work to the primary care setting. We will be expanding this redesign to 10 more clinics in 2019.



The new da Vinci® XI Robot supports expanded surgical services.



Hand hygiene is the key to reducing hospital-acquired infections.



Patrick Raney, M.D., examines a patient at Cotton O'Neil North.



## **GROWTH & EXPANDING ACCESS**

Serving 13 counties across Kansas, Stormont Vail Health recognizes that Kansans need additional access to health care services. We know we can help Kansans be healthier through additional primary care services, fighting the obesity epidemic through comprehensive weight management, and finding pain-management alternatives to opioid prescriptions.

#### STORMONT VAIL PAIN MANAGEMENT CENTER

We consolidated our pain management services into one location, focusing on treatment including non-surgical pain management, injections, ablation, stimulation and more.

#### **COMPREHENSIVE WEIGHT MANAGEMENT**

Kansas and Shawnee County are consistently high in obesity rates. To address the epidemic of obesity, we added bariatric surgery to our medical weight management program and brought on two bariatric surgeons. The comprehensive weight management program addresses obesity from a surgical, behavioral, mental and lifestyle perspective, giving our patients the best opportunities for success in attaining and maintaining their weight-loss goals.

#### **ADDING PROVIDERS**

Physicians and advanced practice providers are key to expanding care for our communities. In 2018, we grew our employed provider team by 8 percent, welcoming additional providers in robotic surgery, foot and ankle surgery, sports medicine, dermatology, plastic and reconstructive surgery, urology, hand surgery, primary care and pediatrics.

#### FINANCIAL & PATIENT GROWTH

We recognize that in order to continue to give back to our communities, provide excellent care and improve quality, we also must be fiscally responsible. In 2018, we saw an 11 percent growth in revenue. Our market share in Shawnee County grew to 66.3 percent while our regional market share, which includes 13 counties, grew to 41.6 percent.

#### TEAM MEMBER DEVELOPMENT

Stormont Vail grew to more than 5,100 team members this year. Our team members make caring for the community possible, so it is important to care for our team members. We challenged our team members to the Million Step Challenge, encouraging every team member to walk one million steps from July to September. We walked 1,028,870,460 total steps, an average of 8,189 steps per participant per day. We provided more than 5,000 continuing medical education credits and more than 200 team members were trained in A3 problem-solving strategies.

## **RECOGNIZED FOR EXCELLENCE**

Stormont Vail Health is committed to the highest quality of care and in 2018, that quality was recognized both locally and nationally. These recognitions highlight Stormont Vail's responsibility and loyalty to the community.





#### **MAGNET® RECOGNITION**

In September, Stormont Vail Health received its third-consecutive Magnet<sup>®</sup> recognition from the American Nurses Credentialing Center. Magnet hospitals are noted for nursing excellence and high-quality patient care. Only 8 percent of hospitals in the U.S. have received Magnet designation and of those, only 3 percent receive a third-consecutive recognition.

#### THE JOINT COMMISSION

The Joint Commission is an independent accreditation organization that certifies hospitals meeting the highest performance standards in quality and value. Stormont Vail Health again earned full accreditation from The Joint Commission. Additionally, we received their award for Total Joint Center Disease-Specific Care for hip and knee replacement, Advanced Primary Stroke Center accreditation, and Chest Pain certification.



#### U.S. NEWS & WORLD REPORT

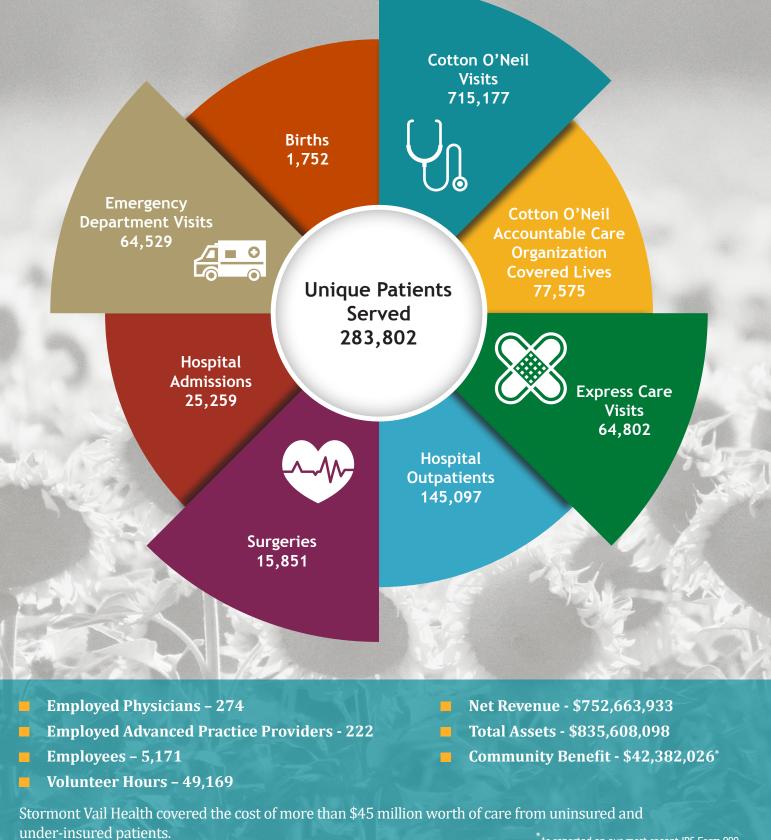
Stormont Vail was ranked as one of U.S. News & World Report's best regional hospitals and was ranked second in Kansas. We were recognized for quality care in COPD, heart failure, hip and knee replacement, and pulmonology.



#### **BLUE DISTINCTION®**

Blue Cross and Blue Shield of Kansas awards hospitals the Blue Distinction Center when the health system meets overall quality measures for patient safety and outcomes. Stormont Vail has received the Blue Distinction Center recognition for Cardiac Care, Hip and Knee Replacement as well as the Blue Distinction Center+ for Maternity Care.

## **SNAPSHOT OF CARE**



\*As reported on our most recent IRS Form 990

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