



 Stormont Vail
Health

2021 *Nursing Report*

A FOUNDATION OF EXCELLENCE IN CARE



MESSAGE FROM SENIOR VICE PRESIDENT & CHIEF NURSING OFFICER

The challenges of the COVID-19 pandemic in 2021 continued to impact patients, communities, organization and our team members. Through the power of our team – nurses working alongside respiratory therapists, physicians, advance practice providers, phlebotomists and others - we provided high quality and safe care. We also learned the importance of taking care of ourselves and each other through stressful surges of the virus.

We were challenged by workforce shortages spurred by the pandemic, but we developed resourceful staffing models, shift incentive programs and embraced the use of technology for patient monitoring. Nursing collaborated in the development of new workflows for inpatient placement, streamlined the process to discharge from the hospital with a special area, and developed central triage throughout the clinics. We worked with peers to develop new care pathways for testing,

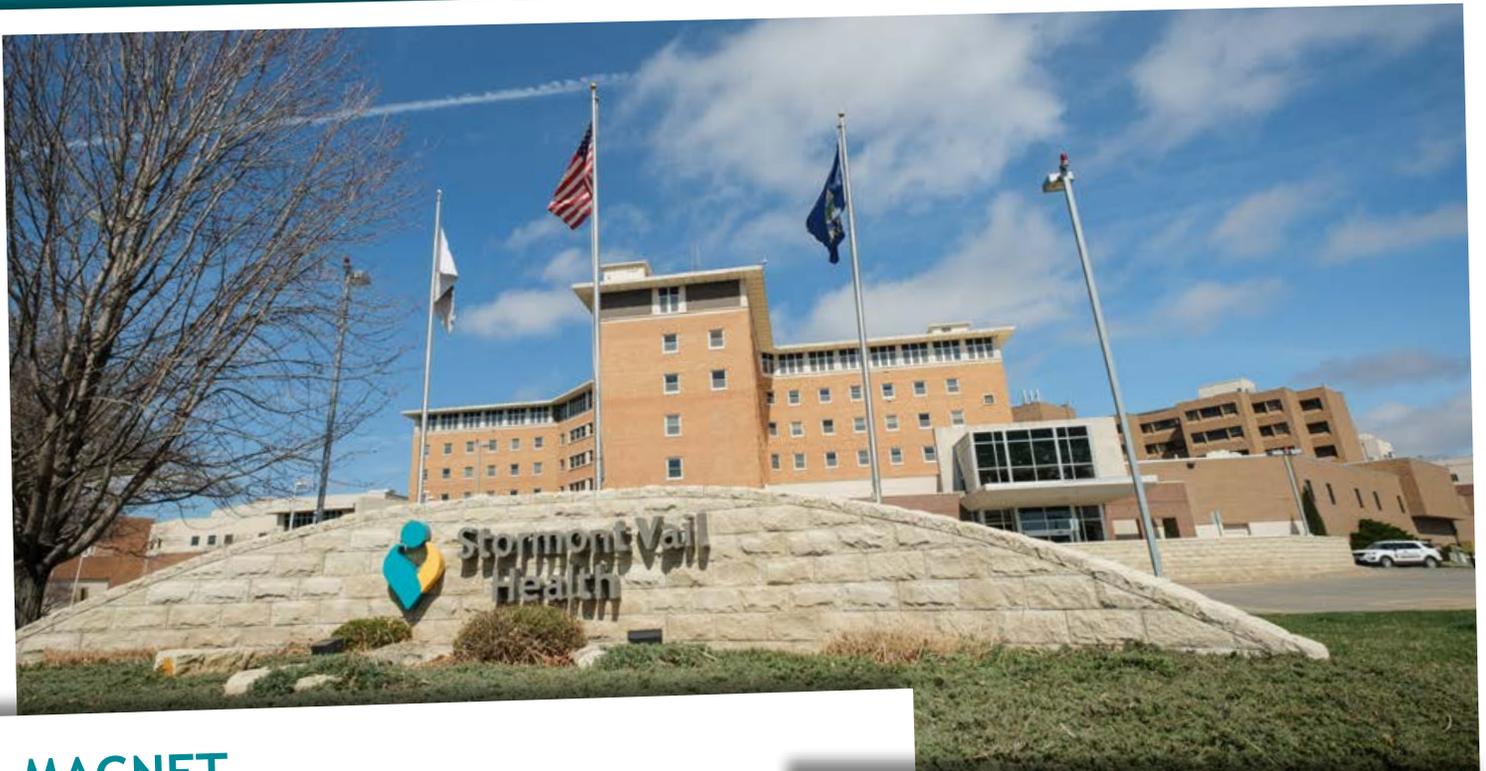
vaccination and treatments related to COVID-19.

This 2021 Nursing Report reviews the year and while we were challenged by the pandemic, our nursing team continued to push forward on many initiatives – promotion of nursing scholarships, the launch of a nurse residency program, involvement with nursing schools and students to promote the profession. These students are our future and we want to support them and encourage them on their journey to become nurses.

Thank you to each of you for all that you do in your respective nursing practices, for the care you provide to our patients and families, for the leadership and professionalism you bring to our organization. I am grateful to all of you.

Carol Perry, MSM, BSN, RN, FACHE
Senior Vice President
and Chief Nursing Officer





MAGNET

Stormont Vail Health has been designated as a Magnet organization three times – in 2009, 2014, and 2018, and the organization is actively preparing its document for submission in August 2022 for the fourth designation. As an American Nurses Credentialing Center (ANCC) Magnet recognized organization, it is important for nurses to integrate evidenced-based practice and research into clinical and operational processes. Improvements in patient care, nursing practice, and work environment are the hallmarks of Magnet-recognized organizations and demonstrate the Magnet culture. The organization will showcase several new innovations in patient care in the upcoming Magnet document including the Enhanced Primary Care

Program, the Discharge Lounge, and the new Nurse Residency Program.



PHILOSOPHY OF CARE

Stormont Vail Health nurses center on key concepts of nursing: person, environment and health. They focus on providing patient-centered, high-quality care. The Stormont Vail nursing philosophy is reflective of the organization's mission, vision and values.

NURSING MISSION

The professional nurses at Stormont Vail are committed to providing the higher level of care and customer service to improve the health of our community.

NURSING VISION

Stormont Vail nurses actively support:

- Professionalism in relationships.
- Recognition for achievement beyond quality standards.
- Improving health in our community and throughout northeast Kansas.
- Distinguishing our organization above all other health care facilities.

SHARED GOVERNANCE



PROFESSIONAL DEVELOPMENT COUNCIL

2021 COMPLETED PROJECTS

- Promoted Nurse's Week with activities focused on celebration and recognition.
- Conducted a Shared Governance Member Drive successfully recruiting 55 nurses.
- Collaborated with Marketing to create "A Day In the Life" nursing video series to promote recognition during COVID-19.
- Joint sponsorship of the 2021 Nursing Symposium in collaboration with Learning and Talent Development and Research Council.
- Supported and mentored unit-based preceptor committees and provided development of preceptor competencies.
- Provided program development and presentation resources for the RN Residency Program, graduating the first two cohorts in September (39 graduates) and December (42 graduates).
- Recognized 402 Certified nurses on March 19th for Certified Nurse's Day.
- Coordinated Excellence in Nursing Awards with over 160 nominations.
- Oversight of the Interdisciplinary Professional Contribution Ladder program. 80 team members in 11 disciplines were proud recipients of \$208,750.00 in recognition for their professional achievements.

- Maintain Daisy Program process as a part of the RN retention efforts.

GOALS FOR 2022

- Develop initiatives for increased nurse certifications throughout the organization at large.
- Provide resources for celebration of Certified Nurses Day 2022.
- Collaborate with nursing leadership to create nurse retention strategies.
- Provide resources to nursing recognition efforts including expansion of DAISY recognition program, Nurse's Week celebrations, and Excellence in Nursing Awards.
- Provide support and resources to educate and prepare the organization for the Magnet Recognition Site Visit.
- Promote professional development activities including increased attendance and clinic participation in the Nursing Symposium.
- Increase awareness and provide meaningful application of the SVH Nursing Professional Practice Model.
- Develop preceptor competencies and educational opportunities in conjunction with the Nurse Residency Program.

COMMUNICATION COUNCIL

2021 COMPLETED PROJECTS

- Implemented use of SharePoint as a primary communication tool for Shared Governance councils.
- Provided on-ongoing SharePoint site development and site maintenance.
- Successfully launched the organization wide "All Idea's Matter" repository in SharePoint which directs staff recommendations to appropriate department for timely resolution.

GOALS FOR 2022

- Share, educate, and distribute standard work and communication templates for new member approval and acceptance.
- Continued enhancement towards use of SharePoint as a primary communication tool for councils by developing additional subcommittee SharePoint pages, electronic sign in for meetings, and institutional repository for Magnet stories.
- Champion new and creative modes of communication to meet the changing nurse demographic maximizing social media and other innovative strategies to improve communication and enhance our ability to recruit a diverse nursing workforce.
- Develop a process for Cluster representatives to communicate council information and provide education on this standard process at yearly Shared Governance education.
- Continued management and production of the Nursing Now Newsletter.
- Participate in the development of communication templates for departments and clinics to enhance meaningful delivery of key communications (newsletters, weekly updates, recognitions, and upcoming event communication).

PRACTICE COUNCIL

2021 COMPLETED PROJECTS

- Development of subcommittees for Lippincott Procedure conversions, scope of practice, and Bylaw initiatives.
- Launched Lippincott procedure and policy conversions. Converted 65 policies and 41 additional currently in process of approval and completion.

- Conducted live monthly Council meetings.
- Expansion of SharePoint site on SV Net for Shared Governance Practice Council communications and policy tracking.

GOALS FOR 2022

- Develop innovative approaches to obtain feedback on practice needs.
- Promote creativity and nursing best practice.
- Continued oversight of nursing policy and procedures.

RESEARCH AND EVIDENCE-BASED PRACTICE COUNCIL

The Research and Evidence-Based Practice Council supported educational events, Journal Club oversight and Nursing Research Activities.

EDUCATIONAL EVENTS:

August 2, 2021

- The Big Read, "Napping During Night Shift...Is it a Good Idea?" Bringing journal clubs together to build on research, QI, and evidenced based practice skills. Presentation by Shirley Waugh, PhD. Washburn University. SVH Research Consultant.

December 10, 2021

- 2021 Nursing Research Symposium, "Healing with Heart: Reignite your Passion." Presentations:
 - The Pandemic and Beyond: Nurses Stepping Into Our Power as Leaders. Diane Twedell, DNP, MS, RN, CENP, FAONL, Mayo Clinic
 - Epidural Effects on Cesarean Sections among NTSV Sample. Ashley Seematter, MSN, RNC-OB, Baker University School of Nursing
 - Prophylactic Management of EGFR Inhibitor Dermatologic Toxicities in a Community Cancer Center. Robin McKay, APRN, AOCNP, Stormont Vail Health
 - Mitigating Opioid-Induced Respiratory Depression (OIRD) and Failure to Rescue Events with Continuous Capnography and Nursing Education on Medical/Surgical Units. Josh Ault, DNP, AGACBNP, Stormont Vail Health
 - The Best Care for Everyone: It Can't Happen Without All of Us. Diane Twedell, DNP, MS, RN, CENP, FAONL, Mayo Clinic

SHARED GOVERNANCE



• 2021 Active Journal Clubs

- Ambulatory Social Work
- Baby Whisperers
- Breast Feeding
- Care Transformation
- Cardiac Cath Lab and IR Imaging Research
- Case Management
- Clinical Performance
- Critical and Intermediate Care
- Emporia Clinic
- EP Device Clinic
- Expecting: Mother Baby
- Family Practice
- Kanza Orthopedic
- Manhattan Cardiology
- Medical Imaging
- Outpatient PT/OT/SLP
- 3 – 4 Pavilion
- Pediatrics
- Psychology
- Scholarly Simulation
- Social Work
- Spiritual Care
- Surgical Critical Care
- Wound Care

NURSING RESEARCH ACTIVITIES

October 2020-January 2021

- No meetings due to COVID-19 restriction on meetings and activities. Remained available for journal club and project requests.

February 24, 2021

- Approved 3 New Journal Clubs.
- Added Research Council presentation to new Nurse Residency program to promote research, provide resources to new nurses, and help explain the process to new nurses.

March 24, 2021

- Jeri Harvey, RN presented, “Effects of the COVID-19 Pandemic on Birth and Neonatal Outcomes.”
- Patrick Monaghan, RN presented project, “Effect Music has on Postoperative Patients’ Vital Signs, Pain, Anxiety, and Opioid and Benzodiazepine Consumption.”

April 28, 2021

- Robin McKay, RN presented QI project, “Prophylactic Treatment of EGFR Inhibitor Associated Dermatologic Toxicities in a Community Cancer Center.”
- Council approval to conduct research study among its members and look at Perceived Value of Certification Tool.

May 26, 2021

- Research Standard Work updated to include a step to “meet with research consultant” prior to presenting to research council.
- Literature search initiated for Perceived Value of Certification.

June 23, 2021

- Formulated plans for an educational workshop to provide bedside nurses interested in research with the resources needed for greater participation in nursing research. Subcommittee was formed to work on a proposal to Coordinating Council and an application to participate in this opportunity.

July 28, 2021

- Melynda Swoyer, RN presented QI project, "Implementing a Strategic Hypertension Care Pathway and Patient Education Process."

August 25, 2021

- Literature review for Certification study approved and research study subcommittees appointed.
- SharePoint site updated and reorganized with resources for research, EBP, and QI.

JOURNAL CLUBS APPROVED:

The Research and Evidenced-Based Practice Council has approved and tracked all Stormont Vail Journal clubs. There were five new clubs approved by the Council:

- February 2021 – Critical and Intermediate Care, EP Device Clinic, & Heart Center
- November 2021 – Spiritual Care Journal Club

RESEARCH, EVIDENCE-BASED, QI STUDIES APPROVED:

March 24, 2021

- Patrick Monaghan, "Effect Music has on Postoperative Patients' Vital Signs, Pain, Anxiety, and Opioid and Benzodiazepine Consumption."

April 28, 2021

- Robin McKay, "Prophylactic treatment of EGFR inhibitor associated dermatologic toxicities in a community cancer center."

July 28, 2021

- Melynda Swoyer, "Implementing a Strategic Hypertension Care Pathway and Patient Education Process."

RESEARCH COUNCIL GOALS 2021-2022

- Continue development of the research project that will be implemented under the direction of Research & EBP Council members.

- Promote the incorporation of research and/or EBP content in the Nurse Residency program.
- Collaborate with and support staff at all levels of the organization to promote implementation and dissemination of research and evidence-based activities.
- Provide research and/or evidence-based practice continuing education offerings for the organization and community.
- Continue recruiting membership to fill vacancies on Research and EBP council.



NURSING'S HIGHEST HONORS

**“Care for one... that’s love.
Care for hundreds... that’s nursing!”**

EXCELLENCE IN NURSING AWARD

The 2021 Excellence in Nursing Awards recognized outstanding professional work by Stormont Vail patient care staff. The Excellence in Nursing Awards is generously supported by the Stormont Vail Foundation, US Bank, Security Benefit and Polo Custom Products.

EXCELLENCE IN NURSING PRACTICE

Kristina Gurera, RN, Cancer Center Treatment Room

Amanda Tobaee, RN, Neonatal Intensive Care

EXCELLENCE IN NURSING LEADERSHIP

Mary Jones, RN, Employee Health

EXCELLENCE IN NURSING MENTORSHIP

Laura Caby, RN, Emergency Department

Jessica Shippee-McDaniel, RN, Baker School of Nursing

EXCELLENCE IN NURSING PRECEPTORSHIP

Bambi Boedeker, RN, Neonatal Intensive Care

Christopher Palmer, RN, Surgery - Main Operating Room

EXCELLENCE IN ADVANCE PRACTICE PROVIDER

Ashley Brock, APRN, Surgeons

EXCELLENCE IN LICENSED PRACTICAL NURSING LPN

Rebecca Cortes, LPN, Cotton O’Neil Clinic- Emporia

Kandice Spangler, LPN, Patient Center Medical Home

EXCELLENCE IN PATIENT CARE

Vicki Dressler, PCT, Surgical Intensive Care Unit

Shandra Gonzales, PCT, 7- South Post-Surgical

Katrina McClure, MA, 901 Garfield Family Medicine

Haley Roberts, PCT, Neonatal Intensive Care Unit

RISING STAR

William (Joe) Hess, RN, 6-South Medical Surgical

Kristen Rucker, RN, Case Management

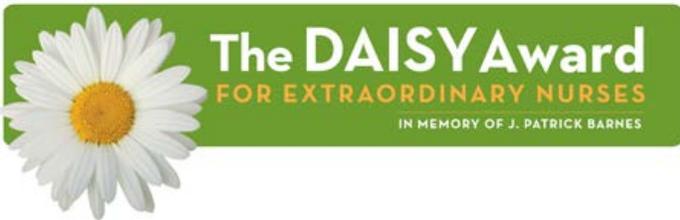
EXCELLENCE IN RESILIENCY IN RESPONSE TO COVID-19

Allisa Dickey, RN, 7 South Post-Surgical

Rachel Buchanan, LPN, Information Systems



THE DAISY AWARD



The DAISY Award is an international recognition program that honors and celebrates the skillful, compassionate care nurses provide every day. DAISY stands for Diseases Attacking the Immune System. The DAISY Foundation was established by the family of J. Patrick Barnes after he died from complications of the auto-immune disease ITP in 1999. It was started at Stormont Vail Health in 2016 as a way for patients and families to recognize care received and say “thank you” to extraordinary nurses.

DAISY AWARD WINNERS

- James Rhodes, RN - Medical Intensive Care Unit
- Jamie Kaul, RN - PACU
- Lindsey Martins, LPN - Birthplace
- Kali Mulanax, RN - Birthplace
- Laura Odom, RN - Breastfeeding Center



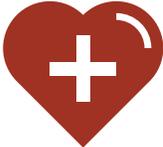
REPRESENTING KANSAS HEALTHCARE

Stormont Vail Charge Nurse Whitney Freel, BSN, RN, represented frontline healthcare workers at Gov. Laura Kelly’s State of the State address in January 2022 at the Statehouse. Whitney has worked in the Medical Intensive Care Unit for 13 years, with 10 of those as a nurse. Gov. Kelly recognized frontline healthcare workers and acknowledged their contributions to Kansas during her remarks.

Gov. Kelly said, “Whitney and her fellow frontline workers have risked their own lives for nearly two years, working around the clock to keep Kansans safe. Please know how grateful I am, how grateful Kansas is, for your dedicated service. In every corner of our state, ordinary people continue to do extraordinary things.”

Whitney said it was a great honor to represent the Medical Intensive Care team, as well as Stormont Vail Health and nurses across Kansas.

NURSING BY THE NUMBERS 2021

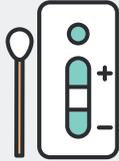
Stormont Vail Nursing 	Advance Practice Nurses	177
	Registered Nurses	1,403
	Licensed Practical Nurses	302
	Patient Care Technicians	410
	Medical Assistants	250
	Licensed Mental Health Technicians	4
	Certified Registered Nurses	421

COVID-19: OUR TEAM'S RESPONSE



3,068
TOTAL PATIENTS
HOSPITALIZED

TOTAL PATIENTS
RECOVERED
2,699

COVID-19
151,899 TESTS
ADMINISTERED

VACCINATIONS
GIVEN*
98,330



MARCH 15,
2020
—
DECEMBER 31,
2021

COVID-19
51,633 TESTING
CENTER VISITS




103,393
CALL BEFORE
YOU GO



RESPIRATORY
CLINIC VISITS
39,954



118,482
TELEHEALTH
VISITS

LIVES TOUCHED IN 2021

Working together to improve the health of our community

Stormont Vail Health is an integrated health care system based in Topeka, Kansas, composed of Stormont Vail Hospital and the Cotton O'Neil medical group. Stormont Vail Hospital and Cotton O'Neil joined in 1995 to form Stormont Vail Health.

Stormont Vail Hospital 	Licensed Beds	586
	Births	1,548
	Surgeries	17,346
	Inpatient Admissions	21,438
	Emergency Visits	52,288
	Outpatient Visits	146,042

Cotton O'Neil 	Primary Care & Specialty Clinics	30+
	Express Care Visits	88,504
	Clinic Visits	754,826

Unique Patients Served	215,106
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ABOUT STORMONT VAIL HEALTH

Stormont Vail Health is a nonprofit integrated health system that operates a 586-licensed bed, acute care regional hospital, Behavioral Health services and Cotton O'Neil Clinic, a network of primary and specialty clinics throughout northeast Kansas.

In conjunction with Baker University, Stormont Vail operates a nursing school on its Topeka campus and works closely with the Washburn University School of Nursing, as well as other nursing and healthcare educational programs in the region.

To learn more about career opportunities at Stormont Vail, visit stormontvail.org.



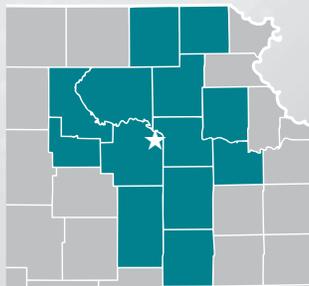


#WeTogether



Serving a multi-county region in Kansas, Stormont Vail Health features the region's only **Level II Trauma Center** as well as a **Level III Neonatal Intensive Care Unit**.

Specialty clinics in Topeka include the **Behavioral Health Center**, the **Cancer Center**, the **Diabetes & Endocrinology Center**, the **Digestive Health Center** and the **Heart Center**.



Stormont Vail Health serves the **primary care** needs of eastern Kansas with five clinics in Topeka and clinics in the surrounding communities of Carbondale, Emporia, Lebo, Manhattan, Meriden, Netawaka, Osage City, Oskaloosa, Rossville and Wamego.



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