



**Stormont Vail Health
Implementation Strategy**

FY 2022-2024

**Community Health Needs
Assessment**

Stormont Vail Health

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Approved by the authorized governing body effective: January 27th, 2022

Stormont Vail Health

Stormont Vail Health (SVH) is committed to providing the best possible health care for our community. Our commitment to community partnerships and attention to social determinants of health exemplifies our mission, “Working together to improve the health of our community”. SVH is an integrated health care system based in Topeka, Kansas, serving a multi-county region in eastern Kansas. Our health system includes Stormont Vail Hospital and Cotton O’Neil Clinics with more than 250 employed physicians and a variety of ancillary services. SVH first achieved Magnet recognition for excellence in nursing services in 2009.

SVH is a 586-bed acute care hospital in northeast Kansas with a long history in our community. We are the product of a 1949 merger between Christ’s Hospital (opened in 1884) and the Jane C. Stormont Hospital and Training School for Nurses (1895). Stormont Vail Hospital and Cotton O’Neil joined in 1995 to form Stormont Vail Health. SVH has the region’s only Level III Neonatal Intensive Care and only verified trauma center.

2021 Community Health Needs Assessment

A Community Health Needs Assessment (CHNA) is an important tool used for examining and improving the health of a community. It provides insight into the current health status of a community by identifying needs and potential means of fulfilling them. The CHNA includes comprehensive information about health risks and outcomes based on systematic collection and analysis of data and conversations with community members and leaders. A Steering Committee comprised of representatives from Stormont Vail Health, the Shawnee County Health Department, and the Heartland Healthy Neighborhoods Community Collaboration determined and implemented the method of collecting information for the 2021 CHNA.

As of 2019, Shawnee County was home to an estimated 176,875 residents. The 2021 CHNA included a perception survey completed by 2,536 community members, feedback from 15 roundtables with under-represented voices, a virtual town hall community conversation attended by 95 individuals representing 45 organizations, and data compiled from County Health Rankings, Kansas Health Matters, Behavioral Risk Factor Surveillance System, etc.

Community members prioritized the following four needs in the 2021 Shawnee County CHNA:

- Behavioral Health
- Food Security
- Substance Abuse
- Health Equity

Purpose of the Implementation Strategy

Federal tax law in Internal Revenue Code section 501 (r) requires hospital facilities owned and operated by 501 (c) (3) organizations to conduct a CHNA at least every three years. The federal tax law also requires adoption of an Implementation Strategy outlining plans to address some of the community health needs identified in the CHNA. This Implementation Strategy describes Stormont Vail Health’s response to the needs identified through the 2021 CHNA process.

Stormont Vail Health’s Implementation Strategy is Two-Fold:

- 1) Continued collaboration with the Heartland Healthy Neighborhood leadership team and participation in community led workgroups to address goals and strategies identified in the current 2020-2022 Community Health Improvement Plan (CHIP).
- 2) Specific internal Stormont Vail Health Fiscal Year 2022 strategic plan goals developed in response to the recently completed 2021 Community Health Needs Assessment.

Implementation Strategy # 1: Stormont Vail Health Participation in Community Workgroups to Address Needs Identified in the 2020-2022 CHIP

The CHIP goals/strategies outlined below were implemented in response to the needs identified in the 2018 Community Health Needs Assessment and will be updated in the 2023 CHIP.

Stormont Vail Health involvement in the workgroup strategies is detailed.

<p><u>CHIP Goals to Address Priority Area #1: Behavioral Health:</u></p> <ul style="list-style-type: none">• Decrease Suicide rate from 23.5/110k to 21.4/100k by 2022• Decrease behavioral health hospital admissions from 110.2/10k to 103.3/10k• Decrease poor mental health days from 3.4/30 days to 3.2/30 days• Stabilize depression in Medicare population at 25.3 % or lower
<p>Strategy #1: Partner with Suicide Prevention Coalition to implement Youth Resiliency events in middle schools. SVH’s Trauma Prevention Manager and Behavioral Health Director participate on this coalition. Events postponed due to pandemic with hopes to resume in 2022.</p>
<p>Strategy # 2: Partner with Suicide Prevention Coalition to implement at least two Applied Suicide Intervention Skills Trainings (ASIST) to community groups. SVH’s Trauma Prevention Manager and Behavioral Health Director participate. Two trainings offered per yr.</p>
<p>Strategy # 3: Create an integrated system of care through crisis, recovery, and prevention. The pandemic postponed implementation of the Behavioral Health Collaborative that will now kick off in 2022 with SVH’s Behavioral Health Department Director as a founding member.</p>
<p>Strategy #4: Communities of Care workgroup implementation of mental health resiliency presentations for the Medicare population during new resident orientations. The SVH Community Engagement Manager was part of the team that developed and provided “Support Your Mental Well-Being” presentations to complete this strategy.</p>
<p>Strategy #5: Stormont Vail Health, Valeo Behavioral Health Care, Topeka Police Department, and the Topeka Fire Department implementation of a collaborative mobile crisis co-response vehicle. The vehicle deployed in 2020 but was not staffed during the pandemic. A SVH Emergency Department Nurse Manager and a Care Transformation Social Work Manager will be involved when the work resumes.</p>

Strategy #6: Communities of Care workgroup pilot of a senior depression screening. A Care Transformation Social Work Manager participated in this workgroup and helped pilot the screening tool at the East Topeka Senior Center. This project will continue under the new Behavioral Health workgroup above.

Strategy #7: Valeo Mental Health First Aid training. SVH team members attended this training in 2020 and additional team members will be encouraged to attend in 2022.

CHIP Goals to Address Priority Area #2: Access to Food:

- Decrease overall food insecurity rate from 13.3% to 12.0% by 2022
- Decrease child food insecurity rate from 18.4% to 17.4% by 2022
- Decrease census tracts listed as “food deserts” by USDA from 9 to 8 by 2024

Strategy #1: Implement policies, systems and environmental changes thru Shawnee County Farm & Food Council to improve access to healthy foods and strengthen Shawnee County’s food system. A Pathways grant from BCBSKS helped increase access to farmers markets through expansion of SNAP availability. The SVH Vice President Population Health Management is an active participant on the Council.

Strategy #2: Work with the Greater Topeka Partnership to support the Project OASIS market feasibility study to bring a grocery store to one of Shawnee County’s food deserts. SVH monitored this work through updates received at the Farm and Food Council meetings.

Strategy #3: Partner with KSU Extension to conduct a community food resources asset map to inform community residents on food services available in the community. An interactive on-line food distribution map was developed and extremely helpful during the pandemic. SVH care managers and social workers continue to use this tool to assist patients. The SVH Community Engagement Coordinator will serve on the Healthy Eating workgroup in 2022.

Strategy #4: Implement LINK Partnership, a community collaborative that aims to increase access to nutritionally adequate foods among low-income uninsured population. SVH and partners HealthAccess, Washburn University School of Nursing, Harvesters, and Valeo implemented the LINK Partnership to assist low-income uninsured patients with food insecurity in accessing community resources to assist with social determinants of their health. The grant expanded in 2021 to serve more patients and will continue throughout 2022.

CHIP Goals to Address Priority Area #3: Substance Use:

- Decrease percent of youth reporting smoking cigarettes from 2.4% to 2.0% in the last thirty days by 2022
- Decrease percent of youth reporting binge drinking episodes from 7.4% to 6.5% in the last two weeks by 2022
- Stabilize 30-day youth e-cigarette use at 11.9% or lower
- Decrease overdose and drug poisoning deaths from 15.9/100k to 14.5/100k by 2022

Strategy #1: Work with PARS and the Substance Abuse Taskforce to evaluate feasibility for applying to CADCA’s Drug Free Communities grant. Prevention and Recovery Services (PARS) is working to meet grant qualifications.

Strategy #2: Strengthen the adoption and enforcement of policies that support Tobacco 21 policies and restrict youth access to tobacco products in Shawnee County. This goal is complete. The Tobacco 21 policy passed in Shawnee County.

Strategy #3: Work with Topeka Housing Authority, property managers, and management companies to implement multi-unit housing smoke-free policies and cessation support. The SCHD assisted with some policy updates prior to the pandemic and will continue to support this effort so SVH involvement is not necessary.
Strategy # 4: Implement tobacco free policies in settings where people gather throughout Shawnee County (ex: parks, trails, farmers markets, sports arenas). The Shawnee County Health Department received a grant to focus on this goal and SVH involvement is not needed.
Strategy #5: Partner with the Prescription Drug Collaborative to provide increased community education on appropriate disposal of unused, unwanted, or expired medication. The Shawnee County Sheriff’s Office held a promoted a successful “Take-Back” day in April 2021 and SVH will help promote future events.
Strategy #6: Partner with the Prescription Drug Collaborative to support the efforts of DisposeRX to assist community members with appropriate disposal of unwanted, unneeded, or expired medication. The Shawnee County Sheriff’s Office held a successful “Take-Back” day in April 2021. SVH promotion will continue for events held in 2022.

<p><u>CHIP Goals to Address Priority Area #4: Health Equity:</u></p> <ul style="list-style-type: none"> • Increase the percent of women receiving prenatal care in first trimester from 78.7% to 80% by 2022 • Decrease infant mortality rate from 7.8/1000 to 6.8/1000 by 2022 • Decrease STI rate from 10.0/1000 to 8.5/1000 by 2022 • Decrease percent of adults who are obese from 36.2% to 34.0% by 2022
Strategy #1: Increase awareness of preconception options available to families, considering cultural sensitivity and barriers to access resources. The SVH Trauma Services Program Manager and NICU Administrative Director will continue to participate in the Healthy Babies workgroup in 2022 to continue work on “Beyond the Pill” public service announcements.
Strategy #2: Assess needs and barriers of pregnant/parenting teens. The SVH Trauma Services Program Manager and NICU Administrative Director will continue to participate in the Healthy Babies workgroup in 2022 to work on distribution of the school resource notebook.
Strategy #3: Collaborate w/ school districts to develop policies/ systems to support expecting/ postpartum teens. The SVH Trauma Services Program Manager and NICU Administrative Director will continue to participate in the Healthy Babies workgroup in 2022 to collect and disseminate information to schools.
Strategy #4: Establish a cross-sector Sexual Health Collaborative that will implement policies, systems, and environmental changes to make progress toward improving sexual health outcomes in Shawnee County subpopulations. The formation of this group was postponed due to the pandemic. A chair has been identified for 2022 and SVH will monitor staff availability to participate in this new group.
Strategy #5: Partner with Bajillion Advertising to implement a health communication campaign titled Kinetic: People in Motion to increase movement and active lifestyles among Shawnee County residents. This initiative did not receive support after this company was sold and the strategy will not move forward.
Strategy #6: Work with Topeka and Shawnee County schools to develop joint use agreements that enable community members to utilize playgrounds, tracks, and outdoor fields during summer and non-school hours. The pandemic prevented work on this strategy and it is uncertain if this initiative will move forward.

Strategy #7: Support continuation of Complete Streets to include expansion of multipurpose pathways to improve community connectedness and active transport throughout Shawnee County. The SVH Community Engagement Coordinator served on the Active Living workgroup and the City of Topeka Complete Streets Access Committee assumed this effort.

Implementation Strategy # 2: In addition to participation in community strategies, Stormont Vail Health leadership approved the following five areas of focus for our Fiscal Year 2022 Strategic Plan Community Priorities in response to needs identified in the 2021 Community Health Needs Assessment:

- Food Security
- Education and Literacy
- Economic Vitality
- Health Equity
- Community Leadership

Stormont Vail Health leadership reviewed the health priorities identified in the 2021 Community Health Needs Assessment for alignment with our mission and expertise, availability of resources to make a measurable difference, and support from community organizations in executing solutions to address underserved populations. Consideration included: magnitude/the number of people impacted by the problem, severity/the risk of morbidity and mortality associated with the problem, inequities and disparities that disproportionately impact the poor, underserved, and vulnerable, leveraging existing partnerships, leadership, and/or hospital resources and programs. The charts below outline specific community strategies identified in the SVH strategic plan:

Community Area of Focus #1: Food Security

Strategy #1: Evaluate further changes to Stormont Vail food offerings to promote healthy eating. The SVH Vice President Population Health Management will lead this initiative.

Strategy #2: Partner with the Shawnee County Farm and Food Council, Shawnee County Health Department, and the Kansas Health Institute. The SVH Vice President Population Health Management will continue to serve on this council to determine priorities and strategies that increase access to and affordability of food.

Strategy #3: Develop sustainability and growth plan for endocrine clinic prescriptive food pantry. A grant received from Advisors Excel in 2020 provides food-insecure patients with high A1Cs with healthy food boxes. SVH will increase the number of patients served and add healthy produce and lean meat options throughout 2022 as part of our plan for sustainability and growth of this project. A Care Transformation Nurse Manager is working with Walmart to provide produce and lean meat options and increase the number of patients served.

Community Area of Focus #2: Education and Literacy

Strategy: Focus efforts at secondary schools to: a) educate and promote career in healthcare, at SVH and b) provide general health education (preventative care) / promote importance of having a primary care physician. SVH Senior Vice President/Chief Experience Officer, Senior Vice President/Chief Nursing Officer, and Vice President Population Health Management will lead this effort.

Community Area of Focus #3: Economic Vitality

Strategy #1: Increase number of TCALC interns that transition to employment with SVH. A new Career Counselor position will lead this effort.

Community Area of Focus #4: Health Equity

Strategy #1: Convene Hispanic community health meetings to further gain insight into health care disparities within the Hispanic community. SVH Vice President Population Health Management is leading this initiative.

Strategy #2: Advance data collection to drive equality of care through development of a plan to create an equity dashboard designed to identify areas of health care disparities using internal data and County Health Ranking Data. Use dashboard information to compare team demographics to patients served and the Shawnee County community demographics. Identify strategies to reduce identified disparities. The SVH Administrative Intern is leading this team.

Strategy #3: Operationalize Stormont Vail Mobile Clinic within North Topeka, East Topeka, and Oakland and partner with MAP to coordinate within community. SVH Vice President Clinic Operations is working with the Community Engagement Department to deploy unit.

Strategy #4 Grow enrollee volume in the LINK program. A Care Transformation Social Work Manager will lead efforts to increase the number of patients referred to the Valeo Community Support Navigators for assistance with access to community referrals.

Strategy #5: Engage in the Shawnee County Behavioral Health Collaborative. The SVH Director of Behavioral Health will engage in the newly developing Shawnee County Behavioral Health Collaborative.

Community Area of Focus #5: Community Leadership

Strategy #1: Develop Stormont Vail volunteerism initiatives. The SVH President/Chief Executive Officer and Vice President Population Health will work to publicize community volunteer opportunities that address CHIP goals and SVH strategic plan goals so staff can make a focused impact.

Strategy #2: Implement Community Committee of SVH Board to assist, inform, provide oversight and recommend actions to SVH Board to improve the health of our community. The SVH President/Chief Executive Officer and Vice President Population Health Management have developed a charter for this new committee.

Strategy #3: Develop CHNA strategies specific for Riley county. The SVH Vice President Population Health Management and Vice President and Regional Administrator will lead.

Additional Stormont Vail Health Initiatives Supporting CHNA and CHIP goals:

Behavioral Health

- Design and launch of a new staffing model for 24/7 behavioral health intervention team coverage
- Provision of continuing education for community members/clinicians (Mayo Grand Rounds)

Food Security

- Meals on Wheels meals delivered daily by SVH team members
- Food collection, on-site volunteerism, and financial support of Harvesters.

Substance Abuse

- Contract with Central Kansas Foundation to assess and refer patients to needed treatment
- Partnership with Prevention and Resiliency Services and Shawnee County Sherriff's Department to implement a platform to increase communication with first responders and simplify data exchange led by SVH Director of Trauma Services

Health Equity

- Assistance with Patient enrollment in Medication Assistance Programs.
- Utilization of Social Determinants of Health patient survey responses to make referrals to community organizations using the community led Healthify platform
- Offering free community events including Walk With a Doc and Welcome Baby Jubilee
- Supporting HealthAccess coordination of donated care and prescriptions for low-income uninsured. SVH donates office space, phones, janitorial, and shredding services.
- Organize staff donations that assist with community needs such as food and warm coats
- On-going participation on community Homeless Task Force
- Implementation of the Retain Works grant
- Staff service on the boards of community organizations including United Way, TARC, KCSL, United Methodist Homes, etc.
- Design and execution of a new dual language and translator/interpreter program.

The goals and strategies outlined in this Implementation Plan are not a complete inventory of Stormont Vail Health activities supporting the health needs of our community. Stormont Vail Health and the Stormont Vail Foundation continue to invest resources as appropriate as new opportunities arise and we can leverage organizational assets in partnership with our local communities and partners.