Nursing Report 2022♥













we are Stormont



Stormont Vail Health



nursing REPORT



MESSAGE FROM THE SENIOR VICE PRESIDENT & CHIEF NURSING OFFICER

Dear Nurses,

In my quiet moments, I reflect on the history of nursing. From Florence Nightingale in 1854 during the Crimean War through the almost 140- year history of Stormont Vail Health to the nursing challenges of today. I have never been prouder of you than I am today. You have handled the adversities of the past two years with grace and have shown the power of nursing intellect and innovation. Every nurse at Stormont Vail has demonstrated their commitment to our communities above and beyond our expectations when they committed to the Nursing Scope and Standards of Practice.

As your Chief Nursing Officer, I have observed the superb care you have given to our community and the wonderful example you have set for your peers. Throughout the past year, Stormont Vail nurses have worked together to provide care that is high quality and patient-focused.

This annual nursing report serves as a reminder of the dedication to patient care that our nurses demonstrated throughout 2022. As you read this report, I hope you feel a sense of pride and accomplishment in the care Stormont Vail nurses have provided.

As we approach the transition to a new year, let us all renew our commitment and our joy in our profession. I am confident that Stormont Vail nurses have emerged from the pandemic and its aftermath as braver, stronger, smarter individuals who are loved more than ever before by their patients and their leadership.

Thank you, nurses, for your commitment to our communities and to each other.

Carol Perry, MSM, BSN, RN, FACHE Senior Vice President and Chief Nursing Officer

AMERICAN NURSES CREDENTIALING CENTER **MAGNET DESIGNATION**

The American Nurses Credentialing Center (ANCC) Magnet Recognition is awarded to organizations who distinguish themselves by improving patient care. Stormont Vail Health has been designated as a Magnet organization three times – in 2009, 2014, and 2018, and our fourth designation submission is in process.

As an ANCC Magnet-recognized organization, it is important for nurses to integrate evidence-based practice and research into clinical and operational processes. Improvements in patient care, nursing practice, and work environment are the hallmarks of Magnet-recognized organizations and demonstrate the Magnet culture. In healthcare organizations, excellence is the sum of many complex parts. Nursing recognizes our interprofessional team members and applaud their extraordinary partnership towards excellent patient care. Our 2022 Magnet document proudly tells the Stormont Vail story through 85 written standards across our organization, from thirty disciplines across the health system, and involving 627 participants. The document features 28 stories from the ambulatory setting and 35 stories from our inpatient setting, with the remainder of the stories spanning across the organization. We celebrate all Stormont Vail team members and department contributions to patient care.

85 STORIES

92
DEPARTMENTS
OR PROGRAMS

30 DISCIPLINES 627
PARTICIPANT

356
INDIVIDUALS

PHILOSOPHY OF CARE

Stormont Vail Health nurses center on key concepts of nursing: person, environment and health. They focus on providing patient-centered, high-quality care. The Stormont Vail nursing philosophy is reflective of the organization's mission, vision and values.

NURSING MISSION

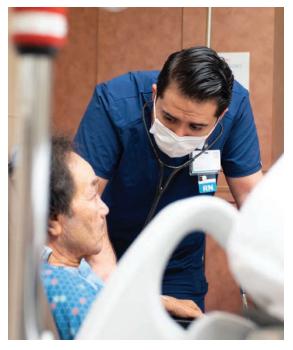
The professional nurses at Stormont Vail are committed to providing the higher level of care and customer service to improve the health of our community.

NURSING VISION

Stormont Vail nurses actively support:

- Professionalism in relationships.
- Recognition for achievement beyond quality standards.
- Improving health in our community and throughout northeast Kansas.
- Distinguishing our organization above all other health care facilities.

shared GOVERNANCE





communication COUNCIL.

2022 PROJECTS

- Populated Nursing Now with quarterly articles featuring nursing initiatives
- Supported transition to new patient room whiteboards
- Successfully piloted remote attendance for Council meetings

GOALS FOR 2023

- 1. Determine and establish best practice for nursing and interdisciplinary communication, (newsletters, weekly updates, Small Moments, and upcoming event communications)
- 2. Develop communication pathways for PRN staff
- 3. Expand use of SharePoint as a primary communication tool for councils by developing additional subcommittee SharePoint pages
- 4. Optimize social media platforms to maximize internal nurse communication, distribute educational opportunities, and deliver recruitment initiatives to public users
- 5. Continued management and production of the Nursing Now Newsletter
- 6. Launch SharePoint institutional repository site for Magnet stories

practice COUNCIL _____

2022 PROJECTS

- Established council priorities to increase communication and practice changes
- Continued transition of PCS nursing policies to Lippincott evidencebased policies requiring use of flowsheets, order sets, and standard workover use of critical notes
- Advocated for the council's involvement in nursing practice changes throughout the organization supported by Lippincott best practice recommendations

GOALS FOR 2023

- Complete Lippincott policy reviews and migration
- Develop innovative approaches to obtain feedback on practice needs
- Promote creativity and nursing best practice

research and evidence based practice COUNCIL _____

NURSING RESEARCH ACTIVITIES

January 26, 2022

- Morgan Hutcherson, RN, project proposal presentation, "Evaluating the Usefulness and Feasibility of Cardiac Catheterization Screening Tool in an Urban Cardiovascular Clinic"
- Jessica Hachmeister, RN, project proposal presentation, "Utilizing Staff Debriefing Sessions after COVID-19 Patient Deaths"

February 23, 2022

• Shirley Appleton, RN, project proposal presentation, "Specialty Nurse Certification: Perceived Value, Barriers, and Patient and Nurse Outcomes"

March 23, 2022

 Carolyn Wittman, BSN, RN, CEN, Emergency Department designated as primary investigator in the "Specialty Nurse Certification: Perceived Value, Barriers, and Patient and Nurse Outcomes" study to ensure bedside nurse participation in research

April 27, 2022

- IRB approval Patrick Monaghan, RN, "Effect Music has on Postoperative Patients' Vital Signs, Pain, Anxiety, and Opioid and Benzodiazepine Consumption"
- Research Scholar Program presented at the April Coordinating and Management Shared Governance Councils
- Completion of "Specialty Nurse Certification: Perceived Value, Barriers, and Patient and Nurse Outcomes"

May 25, 2022

• Melynda Swoyer, RN, QI project results were shared with the council

July 27, 2022

• Robin McKay, APRN, project proposal presentation, "Project SONIC: Self-Care Planning for Oncology Nurses to Improve Compassion Fatigue"

JOURNAL CLUBS

The Research and Evidenced-Based Practice Council has approved and tracked all Stormont Vail journal clubs. There are currently 24 active clubs and 1 disbanded club January-September 2022.

Journal Club - 3-4 Pavilion

Journal Club - Ambulatory Social Work

Journal Club - Breastfeeding

Journal Club - Cardiac Cath Lab and IR Imaging Research

Journal Club - Cardiology IP APP

Journal Club - Care Transformation RN Care Managers

Journal Club - Case Management

Journal Club - Clinical Performance

Journal Club - Critical and Intermediate Care

Journal Club - Emporia Clinic

Journal Club - Expecting

Journal Club - Family Practice

Journal Club - Kanza Orthopedics

Journal Club - Manhattan Cardiology

Journal Club - Medical Imaging

Journal Club - Outpatient PT OT SLP

Journal Club - Pediatrics

Journal Club - Scholarly Simulation

Journal Club - Social Work

Journal Club - Spiritual Care

Journal Club - Surgical ICU

Journal Club - The Baby Whisperers

Journal Club - Wound Care

Journal Club - EP Device Clinic - Disbanded

RESEARCH COUNCIL GOALS 2022-2023

- Promotion of the Research Scholar Program to support bedside nurses doing research
- Expansion of research and/or EBP content in the nurse residency program
- Collaborate with and support staff at all levels of the organization to promote implementation and dissemination of research and evidence-based activities
- Provide research and/or evidence-based practice continuing education offerings for the organization and community

EDUCATIONAL EVENTS

October 3, 2022

 The Big Read, "Read & Appraise Research" presented by Shirley Waugh, PHD, Washburn University, SVH Research Consultant, RN and Ashley Seematter, MSN, RNC-OB

professional development COUNCIL _____

ANNUAL REPORT FY 2022

Completed Projects

- Developed Certification Standard Work
- Recognized 402 certified nurses on March 19th for Certified Nurses Day
- Recognition and oversight of the Daisy Award Program
- Promoted Nurse's Week with activities focused on celebration and recognition
- Joint sponsorship of the 2022 Nursing Symposium in collaboration with the Baker School of Nursing and Research Council.
- Developed 2022 preceptor competencies
- Supported RN Residency Program with three program tiers including New Graduate, Experienced Transition to Practice, and Nurse Manager
- Coordinated Excellence in Nursing Awards with over 106 nominations
- Oversight of the Interdisciplinary Professional Contribution Ladder Program. 94 team members in 11 disciplines were proud recipients of \$215,750 in recognition for their professional achievements

GOALS FOR 2023

Professional Certification Committee

- Develop formalized structure for increasing professional board certification in alignment with ANCC requirements
- Celebration of Certified Nurses Day with formal organizational recognition

RN Retention & Recognition Committee

- Oversight of the DAISY program and award celebrations
- Organize celebration of Nurses Week

shared GOVERNANCE

Professional Program Development Committee

- Promote and engage the organization in their awareness of Professional Governance, the ANCC Magnet Program, and the Nursing Professional Practice Model
- Joint sponsorship of the 2023 Nursing Symposium in collaboration with the Baker School of Nursing and Research Council

Professional Conduct & Ethics

Promote the Nursing Professional Practice Model

Preceptor

- Support and provide professional development opportunities for preceptors within the organization
- Develop preceptor competencies for 2023
- Create and disseminate a preceptor refresher course
- Expand preceptor program to ambulatory locations

Nurse Residency

- Provide support to the Learning & Talent Development and Clinical Excellence departments in the development of the transition to practice programs
- Submit intent to apply for PTAP accreditation November 2023
- · Expansion of cohort timeline to two graduations
- Expansion to Procedural Units including OR and Cath Lab

EDUCATIONAL EVENTS

August 30, 2022

Magnetizing KC Conference: "Celebrating Clinical Nurses" Stormont Vail-sponsored keynote speaker in collaboration with Mayo Clinic Care Network affiliation: "In It to Win It: Redefining Nursing Success", Christopher M. Kohler, MAN, RN, NE-BC, Nurse Administrator, Hospital Medical Division Mayo Clinic Hospital.

- SVH Podium Presentation: "Enhanced Primary Care" Ashley Florez, MSN, RN and Yvonne Hartner, BSN, RN
- SVH Poster Presentations:
 - "Discharge Lounge Workflow Improvement", Jordan Christenson, RN and Chelsea Rake, BSN, RN
 - "Enhanced Recovery After Cesarean Sections", Kim Dick, BSN, RN and Melinda Theis, MSN, RNC-OB

October 12-15, 2022

ANCC National Magnet Conference: Philadelphia, PA

• 10 registered nurses represented Stormont Vail Health

November 11, 2022

2022 SVH Nursing Symposium, "Rooted in Strength: Inspire, Develop & Lead"

Podium Presentations:

- "Nurses Helping Nurses: Transition to Practice & Beyond", Amy Olson, DNP, MSN, RN Mayo Clinic
- "Supporting a Culture that Promotes Retention", Leanne Grangaard, MSN, RN, Mayo Clinic
- "Enhanced Primary Care Management", Yvonne Hartner, BSN, RN, Kylee Skahan, BHS, ADN, RN, RRT, and Ashley Florez, MSN, RN
- "Reducing 30 Day Readmissions in Post-operative Cardiac Surgery", Ashley Fox, BSN, RN, CNOR
- "Preserving Primary Care Practices through a Remote Workforce", Toni Wendling, MSN, BSN, RN and Julia Wiebler, MHA, BSN, RN

Poster Presentations:

- "Discharge Lounge Workflow Improvement", Jordan Christenson, RN and Chelsea Rake, BSN, RN
- "Enhanced Recovery After Cesarean Sections", Kim Dick, BSN, RN and Melinda Theis, MSN, RNC-OB
- "Behavioral Emergency Support Team (BEST)", Justin Barnes, BSN, RN and Angie Mendez, MBA, BSN, RN
- "Enhancing the Nursing Orientation and Precepting Experience in Express Care", Andrea Russell, RN and Ashlie Christopher, LPN
- "Prescription Food Pantry", Chris Hammer, BSN, RN and Julie Johnson, BSN, RN
- "Getting Staff to Jump on That Bed", Allissa Dickey, BSN, RN
- "Specialty Nurse Certification, Perceived Value, Barriers, and Patient and Nurse Outcomes", Carolyn Wittman, BSN, RN, CEN, Ashley Seematter, MSN, RNC-OB, Shirley Waugh, PhD, RN, and Shirley Appleton, RN, MS, CNOR
- "Enhancing Communication Through Virtual Huddles for Urgent Care Clinics", Liz Dewitt, MSN, BSN, RN





EXCELLENCE IN INCURS INCOMES 2022 AWARD WINNERS





Excellence in Advanced Practice Provider Robin McKay, APRN Cancer Center



Excellence in Distinguished Community Service Laura Odom, RN Breastfeeding Clinic



Excellence in Research Joshua Ault, APRN Medical Intensive Care Unit



Excellence in Nursing Leadership Beth Weimer, RN Emporia Cotton O'Neil



Excellence in Licensed Practical Nursing Taylor Vandeloo, LPN Express Care



Excellence in Licensed Practical Nursing Catherine Oberle, LPN 7 North



Excellence in Nursing Practice Erika Seele, RN



Excellence in Nursing Practice Jennifer Leonard, RN Manhattan Primary



Excellence in Nursing Mentorship Katie Martinek, RN Surgery



Excellence in Nursing Mentorship Amber Judd, RN Heart Center



Excellence in Nursing Preceptorship Ashleigh Rutherford, RN NICU



Excellence in Nursing Preceptorship Taylor Weishaar, RN



Excellence in Pandemic Response Tanya Twombly, RN **Employee Heath**



Excellence in Pandemic Response Brian Coover, RN Learning and Talent



Excellence in Patient Care Katie Kohn, PCT Birthplace



Excellence in Patient Care Jenaro Fairley, PCT Behavioral Health



Excellence in Patient Care Kaden Robinson, PCT Emergency



Excellence in Patient Care Tasha Bailey, PCT 7 North



Rising Star Tonia Thacher, RN Birthplace



Christa Hill, RN

The Highest Nursing Honors

The Daisy AWARD













The DAISY Award is an international recognition program that honors and celebrates the skillful, compassionate care nurses provide every day. DAISY stands for Diseases Attacking the Immune System. The DAISY Foundation was established by the family of J. Patrick Barnes after he died from complications of the auto-immune disease ITP in 1999. It was started at Stormont Vail Health in 2016 as a way for patients and families to recognize care received and say "thank you" to extraordinary nurses.

DAISY AWARD WINNERS

Tiffany DeWalt, LPN – Manhattan Internal Medicine Sydney Webb, RN – Cath Lab/Special Procedures Jaime Lewis, RN – 7 North Cardiac Care Jon Irwin, RN – Spine Center Madi Hennes, RN – Spine Center Lorena Riley, RN – Diabetes Services Jennifer Leonard, RN – Manhattan Primary Care



Braver, Stronger, Smarter.

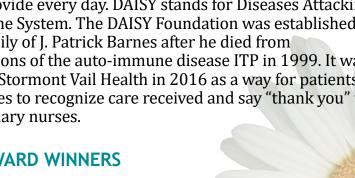
MAGNET



We are Magnet.







nursing BY THE NUMBERS

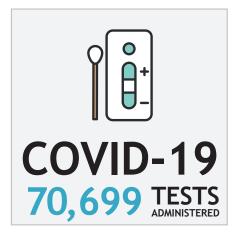
Stormont
Vail
NursingAdvance Practice Registered Nurses209Nursing
Licensed Mental Health Technicians1,367Surgical Technologist57Certified Registered Nurses415

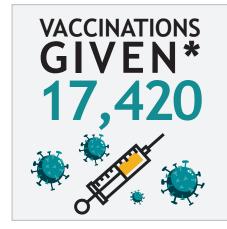
COVID-19: OUR TEAM'S RESPONSE

OCTOBER 1, 2021 — SEPTEMBER 30, 2022













lives touched IN 2022

Working together to improve the health of our community

Stormont Vail Health is an integrated health care system based in Topeka, Kansas, composed of Stormont Vail Hospital and the Cotton O'Neil medical group. Stormont Vail Hospital and Cotton O'Neil joined in 1995 to form Stormont Vail Health.

Stormont	Licensed Beds	586
Vail	Births	1,498
Hospital	Surgeries	17,646
	Inpatient Admissions	19,380
ri Sh	Emergency Visits	53,405
1:1::::1:1	Outpatient Visits	156,726
The state of the s		
Cotton	Primary Care &	30+
Cotton O'Neil	Primary Care & Specialty Clinics	30+
	·	30+ 86,392
	Specialty Clinics	
	Specialty Clinics Express Care Visits	86,392
	Specialty Clinics Express Care Visits Clinic Visits	86,392

ABOUT STORMONT VAIL HEALTH

Stormont Vail Health is a nonprofit integrated health system that operates a 586-licensed bed, acute care regional hospital, Behavioral Health services and Cotton O'Neil Clinic, a network of primary and specialty clinics throughout northeast Kansas.

In conjunction with Baker University, Stormont Vail operates a nursing school on its Topeka campus and works closely with the Washburn University School of Nursing, as well as other nursing and healthcare educational programs in the region.

To learn more about career opportunities at Stormont Vail, visit *stormontvail.org*.



we are Stormont





Serving a multi-county region in Kansas,
Stormont Vail Health features the region's only
Level II Trauma Center as well as a
Level III Neonatal Intensive Care Unit.
Specialty clinics in Topeka include the
Behavioral Health Center, the Cancer Center,
the Diabetes & Endocrinology Center, the
Digestive Health Center and the Heart Center.



Stormont Vail Health serves the **primary care** needs of eastern Kansas with five clinics in Topeka and clinics in the surrounding communities of Carbondale, Emporia, Junction City, Manhattan, Meriden, Netawaka, Osage City, Oskaloosa, and Wamego.





