Dear Nurses,

In my quiet moments, I reflect on the history of nursing. From Florence Nightingale in 1854 during the Crimean War through the almost 140-year history of Stormont Vail Health to the nursing challenges of today, I have never been prouder of you than I am today. You have handled the adversities of the past two years with grace and have shown the power of nursing intellect and innovation. Every nurse at Stormont Vail has demonstrated their commitment to our communities above and beyond our expectations when they committed to the Nursing Scope and Standards of Practice.

As your Chief Nursing Officer, I have observed the superb care you have given to our community and the wonderful example you have set for your peers. Throughout the past year, Stormont Vail nurses have worked together to provide care that is high quality and patient-focused. This annual nursing report serves as a reminder of the dedication to patient care that our nurses demonstrated throughout 2022. As you read this report, I hope you feel a sense of pride and accomplishment in the care Stormont Vail nurses have provided.

As we approach the transition to a new year, let us all renew our commitment and our joy in our profession. I am confident that Stormont Vail nurses have emerged from the pandemic and its aftermath as braver, stronger, smarter individuals who are loved more than ever before by their patients and their leadership.

Thank you, nurses, for your commitment to our communities and to each other.

Carol Perry, MSM, BSN, RN, FACHE
Senior Vice President and Chief Nursing Officer

The American Nurses Credentialing Center (ANCC) Magnet Recognition is awarded to organizations who distinguish themselves by improving patient care. Stormont Vail Health has been designated as a Magnet organization three times – in 2009, 2014, and 2018, and our fourth designation submission is in process.

As an ANCC Magnet-recognized organization, it is important for nurses to integrate evidence-based practice and research into clinical and operational processes. Improvements in patient care, nursing practice, and work environment are the hallmarks of Magnet-recognized organizations and demonstrate the Magnet culture. In healthcare organizations, excellence is the sum of many complex parts. Nursing recognizes our interprofessional team members and applaud their extraordinary partnership towards excellent patient care. Our 2022 Magnet document proudly tells the Stormont Vail story through 85 written standards across our organization, from thirty disciplines across the health system, and involving 627 participants. The document features 28 stories from the ambulatory setting and 35 stories from our inpatient setting, with the remainder of the stories spanning across the organization. We celebrate all Stormont Vail team members and department contributions to patient care.

85 STORIES
92 DEPARTMENTS OR PROGRAMS
30 DISCIPLINES
627 PARTICIPANTS
356 INDIVIDUALS

PHILOSOPHY OF CARE
Stormont Vail Health nurses center on key concepts of nursing: person, environment and health. They focus on providing patient-centered, high-quality care. The Stormont Vail nursing philosophy is reflective of the organization’s mission, vision and values.

NURSING MISSION
The professional nurses at Stormont Vail are committed to providing the higher level of care and customer service to improve the health of our community.

NURSING VISION
Stormont Vail nurses actively support:
• Professionalism in relationships.
• Recognition for achievement beyond quality standards.
• Improving health in our community and throughout northeast Kansas.
• Distinguishing our organization above all other health care facilities.
GOVERNANCE

GOALS FOR 2023
1. Determine and establish best practice for nursing and interdisciplinary communication, (newsletters, weekly updates, Small Moments, and upcoming event communications)
2. Develop communication pathways for PRN staff
3. Expand use of SharePoint as a primary communication tool for councils by developing additional subcommittee SharePoint pages
4. Optimize social media platforms to maximize internal nurse communication, distribute educational opportunities, and deliver recruitment initiatives to public users
5. Continued management and production of the Nursing Now Newsletter
6. Launch SharePoint institutional repository site for Magnet stories

COUNCIL

2022 PROJECTS
• Populated Nursing Now with quarterly articles featuring nursing initiatives
• Supported transition to new patient room whiteboards
• Successfully piloted remote attendance for Council meetings

March 23, 2022
Carolyn Wittman, BSN, RN, CEN, Emergency Department designated as primary investigator in the “Specialty Nurse Certification: Perceived Value, Barriers, and Patient and Nurse Outcomes” study to ensure bedside nurse participation in research

April 27, 2022
• IRB approval Patrick Monaghan, RN, “Effect Music has on Postoperative Patients’ Vital Signs, Pain, Anxiety, and Opioid and Benzodiazepine Consumption” – Research Scholar Program presented at the April Coordinating and Management Shared Governance Councils
• Completion of “Specialty Nurse Certification: Perceived Value, Barriers, and Patient and Nurse Outcomes”

May 25, 2022
Melynda Swoyer, RN, QI project results were shared with the council

July 27, 2022
• Robin McKay, APRN, project proposal presentation, “Project SONIC: Self-Care Planning for Oncology Nurses to Improve Compassion Fatigue”

JOURNAL CLUBS
The Research and Evidenced-Based Practice Council has approved and tracked all Stormont Vail journal clubs. There are currently 24 active clubs and 1 disbanded club January-September 2022.

• Journal Club - 3-4 Pavilion
• Journal Club - Ambulatory Social Work
• Journal Club - Breastfeeding
• Journal Club - Cardiac Cath Lab and IR Imaging Research
• Journal Club - Cardiology IP APP
• Journal Club - Care Transformation RN Care Managers
• Journal Club - Case Management
• Journal Club - Clinical Performance
• Journal Club - Critical and Intermediate Care
• Journal Club - Emporia Clinic
• Journal Club - Expecting
• Journal Club - Family Practice
• Journal Club - Kanza Orthopedics
• Journal Club - Manhattan Cardiology
• Journal Club - Medical Imaging
• Journal Club - Outpatient PT OT SLP
• Journal Club - Pediatrics
• Journal Club - Scholarly Simulation
• Journal Club - Social Work
• Journal Club - Spiritual Care
• Journal Club - Surgical ICU
• Journal Club - The Baby Whispers
• Journal Club - Wound Care
• Journal Club - EP Device Clinic - Disbanded

ANNUAL REPORT FY 2022
Completed Projects
• Developed Certification Standard Work
• Recognized 402 certified nurses on March 19th for Certified Nurses Day
• Recognition and oversight of the Daisy Award Program
• Promoted Nurse’s Week with activities focused on celebration and recognition
• Joint sponsorship of the 2022 Nursing Symposium in collaboration with the Baker School of Nursing and Research Council.
• Developed 2022 preceptor competencies
• Supported RN Residency Program with three program tiers including New Graduate, Experienced Transition to Practice, and Nurse Manager
• Coordinated Excellence in Nursing Awards with over 106 nominations
• Oversight of the Interdisciplinary Professional Contribution Ladder Program. 94 team members in 106 nominations for their professional achievements

PROFESSIONAL DEVELOPMENT
COUNCIL

ANNUAL REPORT FY 2022

EDUCATIONAL EVENTS
October 3, 2022
• The Big Read, “Read & Appraise Research” presented by Shirley Waugh, PhD, Washburn University, SVH Research Consultant, RN and Ashley Seematter, MSN, RNC-OB

GOALS FOR 2023
Professional Certification Committee
• Develop formalized structure for increasing professional board certification in alignment with ANCC requirements
• Celebration of Certified Nurses Day with formal organizational recognition

RN Retention & Recognition Committee
• Oversight of the DAISY program and award celebrations
• Organize celebration of Nurses Week

research and evidence based practice COUNCIL

NURSING RESEARCH ACTIVITIES

January 26, 2022
• Morgan Hutcherson, RN, project proposal presentation, “Evaluating the Usefulness and Feasibility of Cardiac Catheterization Screening Tool in an Urban Cardiovascular Clinic”
• Jessica Hachmeister, RN, project proposal presentation, “Utilizing Staff Debriefing Sessions after COVID-19 Patient Deaths”

February 23, 2022
• Shirley Appleton, RN, project proposal presentation, “Specialty Nurse Certification: Perceived Value, Barriers, and Patient and Nurse Outcomes”

• Organize celebration of Nurses Week

• Support research and/or evidence-based practice continuing education offerings for the organization and community

• Support Transition to New Patient Room Whiteboards
• Successfully Piloted Remote Attendance for Council Meetings
Professional Program Development Committee
- Promote and engage the organization in their awareness of Professional Governance, the ANCC Magnet Program, and the Nursing Professional Practice Model
- Joint sponsorship of the 2023 Nursing Symposium in collaboration with the Baker School of Nursing and Research Council

Professional Conduct & Ethics
- Promote the Nursing Professional Practice Model

Preceptor
- Support and provide professional development opportunities for preceptors within the organization
- Develop preceptor competencies for 2023
- Create and disseminate a preceptor refresher course
- Expand preceptor program to ambulatory locations

Nurse Residency
- Provide support to the Learning & Talent Development and Clinical Excellence departments in the development of the transition to practice programs
- Submit intent to apply for PTAP accreditation November 2023
- Expansion of cohort timeline to two graduations per year
- Expansion to Procedural Units including OR and Cath Lab

EDUCATIONAL EVENTS

August 30, 2022
Magnetizing IC Conference: “Celebrating Clinical Nurses” Stormont Vail-sponsored keynote speaker in collaboration with Mayo Clinic Care Network affiliation: “In It to Win It: Redefining Nursing Success”, Christopher M. Kohler, MAN, with Mayo Clinic Care Network affiliation: “In It to Win It: Stormont Vail-sponsored keynote speaker in collaboration

October 12-15, 2022
ANCC National Magnet Conference: Philadelphia, PA
- 10 registered nurses represented Stormont Vail Health

November 11, 2022
2022 SVH Nursing Symposium, “Rooted in Strength: Inspire, Develop & Lead”

Podium Presentations:
- “Nurses Helping Nurses: Transition to Practice & Beyond”, Amy Olson, DNP, MSN, RN Mayo Clinic
- “Supporting a Culture that Promotes Retention”, Leanne Grangaard, MSN, RN, Mayo Clinic
- “Enhanced Primary Care Management”, Yvonne Hartner, BSN, RN, Kylee Skahan, BHS, ADN, RN, RRT, and Ashley Florez, MSN, RN
- “Reducing 30 Day Readmissions in Post-operative Cardiac Surgery”, Ashley Fox, BSN, RN, CNOR
- “Preserving Primary Care Practices through a Remote Workforce”, Toni Wendling, MSN, BSN, RN and Julia Wiebler, MHA, BSN, RN

Poster Presentations:
- “Discharge Lounge Workflow Improvement”, Jordan Christenson, RN and Chelsea Rake, BSN, RN
- “Enhanced Recovery After Cesarean Sections”, Kim Dick, BSN, RN and Melinda Theis, MSN, RNC-OB
- “Behavioral Emergency Support Team (BEST)”, Justin Barnes, BSN, RN and Angie Mendez, MBA, BSN, RN
- “Enhancing the Nursing Orientation and Precepting Experience in Express Care”, Andrea Russell, RN and Ashlie Christopher, LPN
- “Prescription Food Pantry”, Chris Hammer, BSN, RN and Julie Johnson, BSN, RN
- “Getting Staff to Jump on That Bed”, Allissa Dickey, BSN, RN
- “Specialty Nurse Certification, Perceived Value, Barriers, and Patient and Nurse Outcomes”, Carolyn Wittman, BSN, RN, CEN, Ashley Seematter, MSN, RNC-OB, Shirley Waugh, PhD, RN, and Shirley Appleton, RN, MS, CNOR
- “Enhancing Communication Through Virtual Huddles for Urgent Care Clinics”, Liz Dewitt, MSN, BSN, RN
- "Discharge Lounge Workflow Improvement", Jordan Christenson, RN and Chelsea Rake, BSN, RN
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The DAISY Award is an international recognition program that honors and celebrates the skillful, compassionate care nurses provide every day. DAISY stands for Diseases Attacking the Immune System. The DAISY Foundation was established by the family of J. Patrick Barnes after he died from complications of the auto-immune disease ITP in 1999. It was started at Stormont Vail Health in 2016 as a way for patients and families to recognize care received and say “thank you” to extraordinary nurses.

**DAISY AWARD WINNERS**

Tiffany DeWalt, LPN – Manhattan Internal Medicine  
Sydney Webb, RN – Cath Lab/Special Procedures  
Jaime Lewis, RN – 7 North Cardiac Care  
Jon Irwin, RN – Spine Center  
Madi Hennes, RN – Spine Center  
Lorena Riley, RN – Diabetes Services  
Jennifer Leonard, RN – Manhattan Primary Care
Stormont Vail Nursing

Advance Practice Registered Nurses: 209
Registered Nurses: 1,367
Nurse Associates: 631
Licensed Mental Health Technicians: 4
Surgical Technologist: 57
Certified Registered Nurses: 415

COVID-19: OUR TEAM’S RESPONSE
OCTOBER 1, 2021 – SEPTEMBER 30, 2022

1,906 TOTAL PATIENTS HOSPITALIZED
1,765 TOTAL PATIENTS RECOVERED
70,699 COVID-19 TESTS ADMINISTERED
17,420 VACCINATIONS GIVEN*
62,166 RESPIRATORY CLINIC VISITS
40,021 TELEHEALTH VISITS

Stormont Vail Hospital

Licensed Beds: 586
Births: 1,498
Surgeries: 17,646
Inpatient Admissions: 19,380
Emergency Visits: 53,405
Outpatient Visits: 156,726

Cotton O’Neil

Primary Care & Specialty Clinics: 30+
Express Care Visits: 86,392
Clinic Visits: 763,858

Unique Patients Served: 209,429

ABOUT STORMONT VAIL HEALTH

Stormont Vail Health is a nonprofit integrated health care system based in Topeka, Kansas, composed of Stormont Vail Hospital and the Cotton O’Neil medical group. Stormont Vail Hospital and Cotton O’Neil joined in 1995 to form Stormont Vail Health.

In conjunction with Baker University, Stormont Vail operates a nursing school on its Topeka campus and works closely with the Washburn University School of Nursing, as well as other nursing and healthcare educational programs in the region.

To learn more about career opportunities at Stormont Vail, visit stormontvail.org.
we are Stormont

Serving a multi-county region in Kansas, Stormont Vail Health features the region’s only Level II Trauma Center as well as a Level III Neonatal Intensive Care Unit. Specialty clinics in Topeka include the Behavioral Health Center, the Cancer Center, the Diabetes & Endocrinology Center, the Digestive Health Center and the Heart Center.

Stormont Vail Health serves the primary care needs of eastern Kansas with five clinics in Topeka and clinics in the surrounding communities of Carbondale, Emporia, Junction City, Manhattan, Meriden, Netawaka, Osage City, Oskaloosa, and Wamego.