

# Why Topeka?

2024 Business Insider Cities to Watch

## Affordable

Average Single-Family Home:

- Topeka: \$173,247
- Kansas City: \$226,632
- National: \$346,048

Source: Zillow Home Values Index

## Cost of Living in Topeka

- 7% lower than the state average
- 18% lower than the national average
- Food: 17% lower
- Entertainment: 13% lower
- Utilities: 6% lower




Source: The Council for Community and Economic Research

## Cost of Living Index

Average household wages up 35% since 2017.

Source: Greater Topeka Partnership

## Ways to Connect & Learn More:

-  @StormontVailHealth
-  @StormontVail
-  @stormontvailhealth

## Growing

### Momentum 2027

The city's focus on equity to ensure Topeka further equitably grows toward being:

- A place to live
- A place to learn
- A place to prosper
- **25% Decrease in Crime**

Source: Momentum 2022

- Downtown has seen more than \$100 million in new investments!

Source: Greater Topeka Partnership

- Upcoming Riverfront Revitalization
- #1 Upcoming Housing Market

Source: Wall Street Journal/Realtor.com

## Exciting

### Diverse Dining Options

New restaurants, classics, and many projects opening in 2024

- International
- Fine dining
- Craft breweries and wineries

### Events

- Annual festivals
- Concerts
- Kids' activities
- A calendar full of a variety of events

### Environment

- Dozens of parks and green spaces
- More than 30 miles of trails
- River and lake activities

### Learn where you fit

- Living
- Playing
- Thriving

Stormont Vail Health team members have student loan repayment options!  
Contact [recruitment@stormontvail.org](mailto:recruitment@stormontvail.org)



# Interested in visiting?

## General itinerary for a lovely day spent in the Capital of Kansas.

To ensure a smooth and enjoyable travel experience, verify operating hours and availability directly with the establishment before embarking on your journey.

### *Get Breakfast & Get Moving*

*Grab a breakfast burrito from Over the Top Sandwich and snack while strolling and taking in nature at Iliff Commons.*

Begin your tour of Topeka with a contemplative morning by enjoying an artfully creative food truck owned by Topeka locals complemented by this prairie outfitted with trails, nature, and history.

### *Lunch in the Arts District*

*Feed your brain and your body. Grab a book from Round Table Bookstore and start reading chapter 1 over a gourmet sandwich from The Wheel Barrel.*

Visit NOTO arts district; explore rotating art collections and then shop at a locally owned and independent bookstore. Mosey down the street for a sandwich combo. Dine inside or take a seat on their stunning patio. Better yet, order to-go and have a picnic. Across the street is *Redbud Park* or set your GPS to *Gage Park* where you can picnic at the illustrious *Reinisch Rose Garden*.

### *An Afternoon Pick-me-up at a Magnificent Museum*

*World Cup Coffee and crepes will revive you before your trip to Washburn University's campus to visit the artistic wonders at Mulvane Art Museum.*

Experience the cultural delights of Topeka, beginning by indulging in a scrumptious blend of coffee and the delicate sweetness of crepes. Afterwards, immerse yourself where captivating exhibits promise to inspire and ignite your imagination.

### *Discover the Vibrant Soul of Topeka*

*Start your evening by ascending to new heights with a tour of the Capitol's dome. Follow up with sips at the swanky The Knox Collection Cocktail Lounge. Then, venture to the iconic Celtic Fox for delicious cuisine and vibrant atmosphere.*

Experience the allure of the heart of Topeka treating yourself to breathtaking panoramic views of the city below. Embark on a memorable exploration of downtown Topeka with a sophisticated aperitif, savoring expertly crafted drinks in a chic atmosphere. Finally, immerse yourself in lively ambiance and indulge at the Irish bar referenced in the finale of *Ted Lasso*.

## Topeka is where history, culture, and culinary delights converge to create an unforgettable experience.

Plan your own dynamic tour of Top City, but keep in mind:

- Downtown's *Evergy Plaza* features 'Eats & Beats' events on Thursdays, June-August.
- *NOTO* celebrates a little extra on the First Friday of the month.
- Many businesses and restaurants are closed on Sundays, check hours of operation.

For additional itinerary information visit [choosetopeka.com](https://choosetopeka.com).

