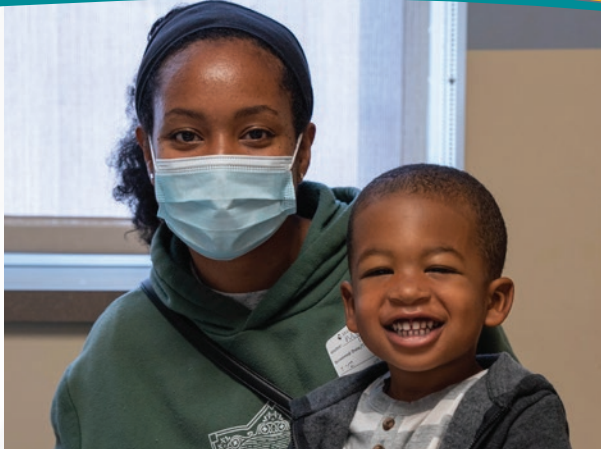


Stormont Vail Health Patient Handbook



Stormont Vail Health
FLINT HILLS CAMPUS



Wireless Internet Access

Stormont Vail is pleased to offer free wireless internet access to our patients and visitors. To access this service, please select the **svhc_visitor** wireless network and use the password **visitor_SV**.

WELCOME

Dear Valued Patient,

I want to take a moment to thank you for your trust and confidence in our organization. We realize that you have several options for health care services and we feel honored that you chose Stormont Vail Health.

Stormont Vail has long been a leader in providing high-quality health care to Kansans. We take pride in the history on which our system was built. A community, joined together in mission. Our connection is meaningful and our future is bright as we remain focused on what matters most — patient safety and experience.

When it comes to the care we provide, we invest in the best providers, most up-to-date technology and services to ensure our patients are receiving high-quality, evidence-based care. Our investment is an investment in our communities, which means you receive excellent care close to home.

Thank you again for choosing Stormont Vail as your partner on your journey to better health. It is a responsibility we take very seriously.

Mark Slyter
Stormont Vail Health
President and Chief Executive Officer

Stormont Vail Health provides services without regard to ability to pay, race, color, creed, sexual orientation, national origin, religion, disability and age.

Stormont Vail Health is a member of VHA Inc. and is fully accredited by The Joint Commission.

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ABOUT STORMONT VAIL HEALTH

Our Mission, Vision, Values

Mission

Working together to improve the health of our community.

Vision

Stormont Vail Health will be a national leader in providing compassionate, high-quality and efficient integrated care through collaboration that results in a healthier community.

Values

- **Service to Others:** We meet or exceed the needs and expectations of those we serve.
- **Quality:** We create an environment of trust, comfort and confidence brought about by a competent, compassionate and caring staff.
- **Teamwork:** We do together what cannot be done alone.
- **Respect:** We honor the dignity and creative potential of each staff member.
- **Viability:** We assure our mission by remaining profitable.

Our History

Stormont Vail Health has been caring for generations of Kansans for more than 135 years. The integrated health care organization has reached many milestones during its history, with the goal of providing excellence in health care for the community.

The organization has roots in Christ's Hospital — which started in 1884 on the grounds where Stormont Vail Hospital in Topeka is located today — and the Jane C. Stormont Hospital and Training School for Nurses that opened its doors in 1895 in the Potwin neighborhood. The two merged in 1949.

Another pivotal merger came in 1995, when Stormont Vail and Cotton O'Neil, a primary and specialty care physician clinic, joined forces, creating the foundation for the development of an integrated health care system.

Since then, specialty clinics for pediatric care, as well as diagnosis and treatment centers for heart, cancer, diabetes, wound care, digestive health and other specialties, have been created. A trauma services center also provides specialty care for Kansans of all ages.

The most recent addition to the Stormont Vail Health team was the acquisition of Geary Community Hospital in Junction City, Kansas. On January 1, 2023, Geary Community Hospital became Stormont Vail Health Flint Hills Campus. The intent in adding Flint Hills Campus being that we together, will create a healthcare system that delivers high quality care close to home and is financially sustaining.

Stormont Vail is known for its network of health care providers, primary and specialty clinics, a 586-bed acute care hospital and services, and a comprehensive electronic medical record. The organization cares for both inpatients and outpatients, from a specialized level of infant care to a variety of older adult services. It has an extensive reach into Kansas through its physicians and clinics, and its staff daily carries out the organization's mission: *Working together to improve the health of our community.*

Joint Commission Accreditation

The Joint Commission is an independent not-for-profit organization that has been accrediting health care organizations in the United States since 1951. The Joint Commission strives to continuously improve health care for the public by evaluating health care organizations through unannounced surveys. The goal is to inspire health care organizations to provide the highest level of safe-quality patient care.

Our patient care staff works diligently to provide quality patient care. If you have a concern about care you or a loved one received, let us know. You can help us identify problems and make corrections, if needed. Concerns can be communicated to the Stormont Vail Patient Experience:

- **Phone:** (785) 354-6277
- **Email:** patientexperience@stormontvail.org

Issues concerning safety and quality of care can also be reported to The Joint Commission by filing a complaint online at jointcommission.org or by:

- **Email:** patientsafetyreport@jointcommission.org
- **Mail:** Office of Quality and Patient Safety
The Joint Commission
One Renaissance Boulevard
Oakbrook Terrace, IL 60181

The Joint Commission accreditation survey is part of Stormont Vail's continued commitment to quality assurance for patients and residents of Kansas.

Mayo Clinic Care Network

Stormont Vail is a member of the Mayo Clinic Care Network. Through this collaboration, Stormont Vail and Cotton O'Neil physicians and providers have access to the latest Mayo Clinic expertise to help care for patients and improve the health of the community. This consultation commitment helps ensure Stormont Vail patients receive trusted, leading medical guidance closer to home with confidence.

CODE OF CONDUCT FOR PATIENTS

In an effort to provide a safe and healthy environment for all, Stormont Vail expects visitors, patients and accompanying family members to refrain from unacceptable behaviors that are disruptive or pose a threat to the rights or safety of other patients and team members.

The following behaviors are prohibited:

- Possession of firearms or any weapons
- Physical assault, arson or inflicting bodily harm
- Throwing objects
- Climbing on furniture or toys (adults are expected to supervise children in their care)
- Making verbal threats to harm another individual or destroying property
- Making menacing gestures
- Attempting to intimidate or harass other individuals
- Making harassing, offensive or intimidating statements, or threats of violence through phone calls, letters, voicemail, email or other forms of written, verbal or electronic communication
- Racial or cultural slurs or other derogatory remarks associated with, but not limited to, race, language or sexuality

If you are subjected to any of these behaviors or witness inappropriate behavior, please report it to any Stormont Vail team member. Violators are subject to removal from the facility and/or discharge from the practice.

No Violence Policy

Stormont Vail is committed to providing a safe environment for patients, employees and visitors. If verbal or physical abuse occurs or is threatened, our security team and/or the Junction City Police Department will be called immediately.

Concealed Weapons

Concealed weapons and open carry weapons are absolutely prohibited on all Stormont Vail property. This prohibition specifically includes any handgun licensed for “concealed carry” under Kansas Law (KSA 75-7C10). Anyone who chooses to violate this prohibition is subject to prosecution (trespassing).

BECOME INVOLVED IN YOUR HEALTH CARE

You owe it to your health to establish and maintain good lines of communication. Keep these helpful tips in mind as you speak with all of your health care providers.

1. The single most important way you can help to prevent errors is to be an active member of your health care team. One way you can do this is to sign up for MyChart. (See page 13.)
2. Speak up if you have any questions or concerns. You have a right to question anyone who is involved with your care.
3. Make sure that someone is coordinating your care, either your personal doctor, a family member or a designated advocate.
4. Learn about your condition and treatments by asking your health care providers, and by using other reliable sources.
5. Make sure that all your health care providers know what medications you are taking and which immunizations you have received in the past. This includes prescriptions, over-the-counter medicines and dietary supplements such as vitamins and herbs.
6. Ask for written information about the side effects your medicine could cause.
7. Make sure your doctors and nurses know about any allergies and adverse reactions you have had to medications.
8. Get the results of any test or procedure from your health care provider. You can also find test or procedure results through MyChart. See page 13 for more information.
9. When you are in the hospital, wash your hands frequently, especially before eating and after using the restroom. Consider asking all health care workers who have direct contact with you whether they have washed their hands. Hand washing is an important way to prevent the spread of infections in hospitals.
10. Cover your nose/mouth with a tissue when coughing or sneezing to prevent the spread of infection to others. Be sure to throw away used tissues and clean your hands after coughing or sneezing.
11. If you are in isolation precautions, make sure all health care workers are wearing protective clothing (e.g. mask, gown or gloves) for all direct patient care with you or your environment. Family members are expected to wear the same protection when visiting. This helps to prevent the spread of infection to you or others within the hospital.

- 12. When you are being discharged from the hospital, ask your health care provider to explain the treatment plan you will use at home and whom to contact for follow-up care or questions.
- 13. Look for pre- and post-service surveys. We rely on your feedback to ensure we are offering the highest quality care possible. Surveys such as those sent from Press Ganey gives us insight, expertise and solutions to achieve a better patient experience.

In addition, if you are having surgery:

- 14. Make sure you, your doctor and your surgeon all agree and are clear on exactly what will be done.
- 15. A Stormont Vail team member may ask you or your legal representative to confirm your identity before administering a medication, transporting to a test, before a procedure and in other situations.
- 16. We will verify with you the correct surgeon and the correct procedure. For example, if the procedure is on the right versus left side, then the correct side will be marked. If you do not understand the procedure, you have the right to talk to your surgeon before your surgery.

Medications/Allergies

Keep an accurate record of all the medications you use. This includes prescription medications, over-the-counter medications such as aspirin or cold remedies, vitamins, herbal preparations and home remedies. All of your care providers need this information to manage your care appropriately. Allergies to certain foods or medications can be significant in your care.

By signing up for MyChart (instructions on page 13), you always have access to this important health information electronically. Additionally, an up-to-date copy of your medications and allergies is provided at your Stormont Vail Health office visit. You are also provided your medication summary at your hospital discharge. Always keep this list handy and take it to visits with any health care provider.

Medication Records

Here are examples of how your medication information can be kept:

Name: _____ Birthdate: _____

Medication or Food Allergy	
Medication/Food	Reaction
Example: Penicillin	Rash and Hives
Example: Strawberries	Throat tightens up

Medications			
<i>(include prescriptions, over-the-counter medications, herbal, or vitamin supplements)</i>			
Medication	Dose	Directions for use	Reason for medication
Example: Zocor	40 mg	Every evening - 1	Cholesterol pill
Example: Lasix	20 mg	Every morning - 1	Water pill

Caregivers

It is important to know all of your health care providers and where you routinely have your medications filled. This helps in the coordination of your care and allows us to provide your care more efficiently. Along with your list of medications and allergies, keep a list of the names of health care providers you see for particular problems, such as heart conditions, kidney problems or therapy.

Caregiver Names & Contact Phone Numbers		
	Name/Specialty	Phone Number
Primary Physician	Example: Dr. Alexa Alexander	(785) 555-1111
Physician	Example: Dr. Ben Benson, heart doctor	(785) 555-2222
Physician	Example: Dr. Carlos Carlson, kidney doctor	(785) 555-3333
Pharmacy	Example: BetterDrugs	(785) 555-4444

Immunizations

Another important record in the coordination of your health care is your immunization or vaccine record. All children and adults should receive periodic recommended immunizations to protect themselves as well as others from diseases such as pertussis (whooping cough), measles and influenza.

Although many childhood illnesses or “vaccine-preventable” diseases seem rare or even eliminated, the mobility of our society makes these contagious diseases a very real health threat. Immunizations help protect you from life-threatening infections, such as tetanus, as well as help protect the very vulnerable and infants who may not be able to be immunized.

Please keep your immunization record up to date — it could save you an unnecessary shot and save your life.

Influenza and Pneumococcal Disease in Older Adults

The flu and pneumococcal disease are a major problem for older Americans, despite the availability of medication that might help. Please get a flu shot regularly. Stormont Vail provides annual influenza vaccine immunization clinics as a community service. Watch for information on our website, on social media or in the local media.

PATIENT RIGHTS AND RESPONSIBILITIES

It is the policy of Stormont Vail Health to respect and inform patients of their rights and responsibilities. Patients and families are informed of their rights through the patient handbook as well as being posted at prominent places at the hospital and clinics:

Patient Rights

1. Stormont Vail Health respects, protects and promotes patient rights by:
 - a. Treating the patient in a dignified and respectful manner that supports his or her dignity
 - b. Respecting the patient’s right to and need for effective communication
 - c. Respecting the patient’s cultural and personal values, beliefs and preferences
 - d. Respecting the patient’s right to personal privacy
 - e. Accommodating the patient’s right to religious and other spiritual services
 - f. Allowing the patient to the confidentiality of their clinical record and access, request amendment to, and obtain information on disclosures of his or her health information, in accordance with law and regulation

- g. Allowing a family member, friend, or other individual to be present with the patient for emotional support during the course of stay
 - h. Receiving health care in a safe setting free from abuse or harassment
 - i. Prohibiting discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression
2. Stormont Vail Health respects the patient's right to receive information in a manner he or she understands. This is achieved by:
 - a. Providing information in a manner tailored to the patient's age, language and ability to understand
 - b. Providing language interpreting and translation services
 - c. Providing information to the patient who has vision, speech, hearing or cognitive impairments in a manner that meets the patient's needs. Necessary interpretive services and/or assistive devices will be provided free of charge
3. Stormont Vail Health respects the patient's right to participate in decisions about his or her care, treatment, and services by:
 - a. Involving the patient in making decisions about his or her care, treatment, and services, including the right to have his or her family and physician promptly notified of his or her admission to the hospital at the patient's request
 - b. Involving a surrogate decision-maker in making decisions when a patient is unable to make decisions about his or her care, treatment and services.
 - c. Providing the patient or surrogate decision-maker with written information about the right to refuse care, treatment and services
 - d. Respecting the patient's or surrogate decisionmaker's right to refuse care, treatment and services in accordance with law and regulation
 - e. Involving the patient's family in care, treatment and services decisions to the extent permitted by the patient or surrogate decision-maker, in accordance with law and regulation
 - f. Providing the patient or surrogate decision-maker with information about the following:
 - i. Outcomes of care, treatment and services that the patient needs in order to participate in current and future health care decisions
 - ii. Unanticipated outcomes of the patient's care, treatment, and services that are sentinel events as defined by the Joint Commission
4. Stormont Vail Health honors the patient's right to give or withhold informed consent
5. Stormont Vail Health protects the patient and respects his or her rights during research, investigation, and clinical trials
6. Stormont Vail Health respects the patient's right to receive information about the individual(s) responsible for, as well as those providing, his or her care, treatment or services by:
 - a. Informing the patient of the following:
 - i. The name of the physician, clinical psychologist, or other practitioner who has primary responsibility for his or her care, treatment, or services
 - ii. The name of the physician(s), clinical psychologist(s), or other practitioner(s) who will provide his or her care, treatment and services
7. Stormont Vail Health addresses patient decisions about care, treatment and services received at the end of life by:
 - a. Following written policies on advance directives, forgoing or withdrawing life-sustaining treatment, and withholding resuscitative services
 - b. Respecting the patient's right to end of life decisions, regarding care, treatment and services including Advance Directives and organ donation

8. The right to be free from neglect; exploitation; and verbal, mental, physical and sexual abuse
9. The right to be free from corporal punishment, restraint or seclusion of any form
10. The patient and his or her family have the right to have complaints reviewed by the hospital
11. The right to access protective and advocacy services

Patient Responsibilities

12. Each patient is informed about his or her responsibilities related to their care, treatment and services including:
 - a. The responsibility to provide accurate information to the healthcare team
 - b. The responsibility to ask questions or acknowledge when he or she does not understand the treatment course or care decisions
 - c. The responsibility to follow instructions, policies, rules and regulations in place to support quality care for patients and a safe environment for all individuals in the hospital/clinics
 - d. The responsibility to support mutual consideration and respect by maintaining civil language and conduct in interactions with staff and licensed independent practitioners
 - e. The responsibility to meet financial commitments

Non-Discrimination

As a recipient of federal financial assistance, Stormont Vail does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, national origin, disability or age in admission to, participation in or receipt of the services and benefits under any of its programs and activities, and in team member assignments to patients, whether carried out by Stormont Vail directly or through a contractor or any other entity with which Stormont Vail arranges to carry out its programs and activities.

This statement is in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (nondiscrimination on the basis of race, color, national origin), Section 504 of the Rehabilitation Act of 1973 (nondiscrimination on the basis of disability), the Age Discrimination Act of 1975 (nondiscrimination on the basis of age), regulations of the U.S. Department of Health and Human Services issued pursuant to these three statutes at Title 45 Code of Federal Regulations Parts 80, 84 and 91.

Additionally, in accordance with Section 1557 of the Patient Protection and Affordable Care Act of 2010, 42 U.S.C. § 18116, Stormont Vail does not exclude, deny benefits to or otherwise discriminate against any person on the grounds of sex including gender identity in admission to, participation in or receipt of the services and benefits under any of its health programs and activities, and in team member assignments, whether carried out by Stormont Vail directly or through a contractor or any other entity with which Stormont Vail arranges to carry out its programs and activities. In case of questions, please contact Corporate Compliance at (785) 354-6008 (TDD) or (785) 354-5260.

HIPAA and Protected Health Information

Our Commitment to You

As your provider of choice, Stormont Vail Health is committed to protecting the information we maintain regarding your health. We are required by law to:

- Protect the privacy of your health information and disclose it as the law permits

- Explain our legal duties and privacy practices
- Follow the practices found in this notice
- Tell you when we cannot agree to a disclosure restriction request or an amendment; to a request that you asked us to make; and to accommodate a reasonable request to deliver your health information in a particular fashion or to a specific place

Health Insurance Portability and Accountability Act (HIPAA)

HIPAA is the acronym for the Health Insurance Portability and Accountability Act. The regulations that implement most of this act went into effect on April 14, 2003, with new regulations effective Sept. 23, 2013. The United States Office of Civil Rights administers HIPAA regulations.

HIPAA outlines privacy standards designed to prevent the unauthorized access or use of Protected Health Information (PHI). PHI includes any oral, written or electronic information related to a patient's past, present or future physical or mental condition. This information often includes such items as the patient's name, date of birth, Social Security number, account number, telephone number or other information that may be linked or used to identify a specific patient.

Your Protected Health Information (PHI) Rights

- **The Right to Access to Your Own Health Information:** You have the right to inspect and obtain a copy of the designated record set which is information used to make decisions about your care. We may deny your request to inspect and copy in certain very limited circumstances as required by law.
- **Right to Request Restrictions:** There are two types of restriction requests:
 1. Stormont Vail Health will agree to restrict disclosure of PHI about an individual to a health plan if the purpose of the disclosure is to carry out payment or health care operations and the PHI pertains solely to a service for which the individual, or a person other than the health plan, has paid Stormont Vail for in full.
 2. You have the right to request other types of restrictions of our use or disclosure of your PHI. We are not required to agree to these requests.
- **Right to Request Confidential Communications:** You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. We will try to accommodate reasonable requests. Your request must specify how or where you wish to be contacted.
- **Right to be Notified of a Breach:** You have the right to be notified in the event that we (or one of our business associates) discover a breach of unsecured protected health information involving your medical information.
- **Right to Inspect and Copy:** You have the right to inspect and receive a copy of PHI about you that may be used to make decisions about your health. A request to inspect your records may be made to your nurse or doctor while you are an inpatient or to the Health Information/Medical Records Department while an outpatient. For copies of your PHI, requests must go to the Health Information/Medical Records Department. For PHI in a designated record set that is maintained in an electronic format, you can request an electronic copy of such information. There may be a charge for these copies.

- **Right to Request an Amendment:** If you feel that health information we have about you is incorrect or incomplete, you may ask us to amend the information, for as long as Stormont Vail maintains the information. We are not required to agree to these requests.
- **Right to an Accounting of Disclosures:** You have the right to request, in certain circumstances, an “accounting of disclosures.” A nominal fee may be charged for the cost of providing the list.
- **Right to Bypass Insurance:** If you request a visit not be billed by insurance, and the visit is paid in full at the time of service, this request will be granted. Please notify your registrar or nursing team immediately to process this request.

Our Notice of Privacy Practices contains a full description of your HIPAA rights and the process for filing a request or complaint. This document is available to you at any Stormont Vail admissions or registration desk or business office and is available online at our website, stormontvail.org. HIPAA request forms for audit, amendment, restriction and accommodation requests are also found on our website.

Sharing Your Health Care Records at Stormont Vail Health

Health information is often shared within the health care setting for the purpose of treatment, payment or health care operations. As an example, in order to provide a patient with the best possible treatment, medical information (diagnosis, lab results, etc.) must be freely shared between the health care professionals who care for the patient or to obtain payment for the services provided. For other purposes, the release of PHI generally requires the specific authorization from a patient or the patient’s authorized representative unless the HIPAA regulations or other state or federal laws permit the release.

Privacy, Confidentiality and Medical Records

Your privacy, confidentiality and medical records responsibilities include but are not limited to the following:

- To respect the privacy and confidentiality of other patients and their medical records
- To tell us if you believe the privacy and confidentiality of any patient or of any medical record has been compromised

If you believe the privacy and confidentiality of your medical records has been compromised or a potential breach of confidentiality of any patient of Stormont Vail, please contact our HIPAA privacy officer at (785) 354-6343.

The Office of Civil Rights may be accessed by website at hhs.gov/ocr/index.html or toll-free number (800) 368-1019.

Full Disclosure

Stormont Vail is committed to full and open communications with our patients and their families, including discussions of any unanticipated outcome.

Full disclosure demonstrates our respect and compassion for patients and a commitment to patients’ rights regarding their care. We believe it also promotes patient input into care decisions and establishes a foundation of trust that is essential to a therapeutic

relationship between patients and providers.

Patients and their personal representatives or family members will be provided with relevant, easy-to-understand information about outcomes of care in a timely manner. Patients will receive an explanation when their outcome of care varies significantly from what was anticipated.

MyChart

Stormont Vail's electronic medical record system, MyChart, combines a patient's medical information into one complete record of care online. It enables you to securely use the internet or smartphone to help manage and receive information about your health. With MyChart, you can use the internet to:

- Request medical appointments
- View your health summary
- View test results
- Request prescription renewals
- Access trusted health information resources
- Communicate electronically and securely with your medical care team

To get started, go to stormontvail.org and click on "MyChart." Follow the instructions to create an account, or call (785) 354-5430 to speak with a Stormont Vail team member for more information.

Informed Consent

The goal of the informed consent process is to establish a mutual understanding between you and your physician about the care, treatment and services you receive. This process ensures that you — or your guardian, or your attorney under a durable power of attorney for health care decisions, or your authorized representative or recognized surrogate — fully participate in decisions about your care, treatment and services.

Informed consent will be obtained for treatment or services that involve a serious or material risk of harm. Examples include: procedures, anesthesia, deep or moderate sedation, diagnostic procedures, administration of blood and/or blood components, and in some cases the administration of medication. The informed consent discussion with your health care provider will include:

- The nature of the proposed care, intended sedation, treatment, services, medications, interventions or procedures
- Potential benefits, risks or side effects, including potential problems that might occur during recuperation
- The likelihood of achieving care, treatment and service goals
- Reasonable alternatives to the proposed care, treatment and service
- The relevant risks, benefits and side effects related to the alternatives, including the possible results of not receiving care, treatment and services
- If any reportable disease/condition is found, this information must be forwarded to the appropriate state or federal agency

Please discuss any questions you may have with your physician. Then, you will be asked to sign an informed consent form acknowledging completion of this process. See "Advance Directives" on page 15 for more information.

Patient Experience

Stormont Vail has made a commitment to actively seek, listen and respond to the needs, preferences, concerns and complaints of our patients and their families. It is our policy to encourage patients and their families to express any and all concerns or complaints, to provide as many channels as possible through which a patient may seek a resolution, and to monitor patterns of complaints to identify opportunities to enhance patient care and service. To speak with our Patient Experience team, please call (785) 354-6277 or email patientexperience@stormontvail.org.

Grievance Process

You have the right to access the grievance process by contacting the Patient Experience team at (785) 354-6277 between 8 a.m. and 4:30 p.m. on weekdays. For immediate after-hour concerns, you can speak with your nursing staff or contact the House Supervisor by calling (785) 238-4131 and ask to be connected.

You or your personal representative may file a grievance verbally or in writing. Once we receive your grievance, we will respond, in writing, within seven days. We will make every effort to resolve all issues within that parameter. If we are unable to do so, we will advise you of the process and the time we believe it will take to resolve your issue(s).

We hope you will give us the opportunity to resolve any grievance. You do have the right to contact outside agencies, including:

Report a patient safety event to The Joint Commission:
The Office of Quality and Patient Safety
The Joint Commission
One Renaissance Blvd.
Oakbrook Terrace, Illinois 60180
1-800-994-6610 | 630-792-5636 (fax)
www.jointcommission.org

HIPAA privacy and discrimination Issues:
Office for Civil Rights, U.S. DHHS Region VII
601 East 12th Street – Room 248,
Kansas City, MO 64106
816-426-7277; 816-426-7065 (TDD)
(Fax) 816-426-3686 | www.hhs.gov/ocr

Adult care complaint program:
Kansas Department on Aging and
Disability Services (MBO)
612 S Kansas Avenue
Topeka, Kansas 66603-3404
1-800-842-0078 | www.kdads.ks.gov

Kansas State Board of Healing Arts
800 SW Jackson Street
Topeka, Kansas 66612
(785) 296-7413 | www.ksbha.org

Appeal of premature discharge:
Livanta LLC
10820 Guilford Road, Suite 202
Annapolis Junction, MD 20701-1105
1-888-755-5580; 1-888-985-9295 (TTY)

Financial Arrangements

We understand hospital and physician services can create financial concerns for you. We are prepared to help you by discussing your payment options. The following are some frequently asked questions you might have about our billing process and your financial responsibility.

How much do I really owe, and when will I receive a bill?

You will not receive a statement for the portion of the bill for which you are responsible until your insurance company(s) has paid or denied payment on your account. If you do not have insurance, you will receive an itemized bill within 30 days of the date of service. Payment in full is expected within 30 days after you receive your statement from us.

What if I cannot pay my bill?

If you are unable to pay your balance in 30 days, we have a variety of financial assistance

options available to our patients. We will assist you in determining if you qualify for financial assistance or other programs available that may help pay your balance.

What forms of payment does the hospital accept?

We accept cash, check, money order, electronic funds transfer from your checking or savings account, Mastercard, Visa, Discover and American Express credit cards. In addition, we also offer a Bank Loan Program. You can access our online billing service at your convenience. Go to stormontvail.org and click on “Pay My Bill” or log in to your MyChart account.

Who else might be sending me a bill?

You may receive additional bills from non-Stormont Vail Health physicians, radiologists, anesthesiologists, pathology, laboratory, ambulance and durable medical equipment, etc. If you have questions regarding those bills, contact their offices directly at the numbers listed on the statements you receive.

Who can I call if I have questions about my bill?

Stormont Vail Health Billing Customer Service

You may call a Customer Service representative at (785) 238-4131, option 2, from 8 a.m. to 4:30 p.m., Monday through Friday.

You may also email our Customer Service department at billinghelp@stormontvail.org, or send a message through your MyChart account.

Walk-in services for billing questions are available at Stormont Vail Health – Flint Hills Campus via the main entrance, across from registration from 8:00 a.m. to 4:30 p.m., Monday through Friday.

ADVANCE DIRECTIVES

The purpose of an advance directive is to allow patients to make decisions about their treatment in advance of that treatment. In the event you become too ill to make your own decisions, an advance directive can help ensure your wishes are followed to the extent possible under Kansas laws. Kansas law recognizes several types of advance directives, which may be implemented in certain circumstances. It is very important for you to bring a copy of your advance directives when you come to Stormont Vail or Cotton O’Neil to receive services.

Living Wills

A living will is a binding legal document governing your medical care in the event two physicians certify that you have an incurable disease or terminal illness. The value of a living will is that you can declare whether or not you want extraordinary measures, such as intubation and ventilator management, if you become incapacitated. Your wishes can be clearly outlined for your health care team. Please remember, however, that a living will only becomes effective if death is imminent, in the opinion of your physician(s).

Durable Power of Attorney for Health Care Decisions

The durable power of attorney for health care decisions (DPOA-HC) allows you to designate an agent to make decisions for you in the event you are unable to make decisions for yourself. The agent’s role is to articulate your wishes. If you choose to complete a DPOA-HC, understand that the person you designate as your agent may be

making life or death decisions for you.

If you complete a DPOA-HC or a living will, please discuss all your wishes about treatment goals and life-sustaining care with your agent to make certain your agent understands your wishes. Then, provide your nurse with a copy of the document. We cannot honor your wishes if we don't have a copy.

If needed, we can provide you with a copy of a DPOA-HC or a living will that follows Kansas law. We cannot give legal advice on how to complete these forms, but we can provide notary services. You may also choose to have these documents drawn up by your personal legal counsel.

Do Not Resuscitate Directive

Another related document is a pre-hospital do not resuscitate (DNR) directive. A DNR directive may be signed by you and your physician in advance of your hospitalization when medically appropriate, or during your hospitalization, indicating that if you stop breathing or your heart stops beating, efforts to restart your breathing or heart functioning should not be undertaken.

Transportable Physician Orders for Patient Preferences

Transportable physician orders for patient preferences (TPOPP) provide an avenue to document your treatment goals in the form of physician orders, helping to avoid confusion about your treatment wishes and ensure that these wishes are followed in all of your care settings (home, nursing home, hospital). Whereas the living will focuses on life-prolonging treatments at the very end of life, TPOPP covers a broader spectrum of treatment issues for patients with progressive, advanced or chronic illness or frailty that may be encountered during the last year of life. Talk to your physician for more information.

Important Information About Advance Directives

There are several circumstances when your health care providers will not be able to honor the wishes expressed in your advance directives. For example, a DNR or living will cannot be honored during your pregnancy. In addition, if you have been admitted for surgery, if surgery is required during your treatment, or if you need a special procedure or other treatment that requires deep or moderate sedation or anesthesia, your physician will discuss your advance directive with you before the procedure. Together, you will determine whether it will be suspended or honored during the procedure or during the time immediately following the procedure. If you have any questions, please ask a member of your health care team.

Ethics Committee

All too often, patients and/or their families are forced to make difficult decisions relating to their health care. This is particularly true when a critically ill patient cannot make an informed decision and has not previously expressed their needs and desires by taking the step of completing advance directives.

Stormont Vail is prepared to provide you and your family with assistance if that situation arises. Our ethics committee consists of physicians, nurses, allied health professionals and administrators, ministers and lay representatives who are all dedicated to the process of providing assistance with ethical issues related to patient care.

This committee is designed to assist patients and families in this process. While the

committee cannot make treatment decisions, we are ready, willing and able to assist you when you need help the most. Please tell your nurse or doctor if you need this service.

HELPFUL INFORMATION FOR PATIENTS

Health Care Providers

Our professional nursing team will work with you, your physician and other health care providers to coordinate your plan of care while you are in our facilities. You also have the right and the responsibility to participate in this process. Students, including nursing students, students of allied health or physicians who are in a training program (residents) may also provide care. Adult and youth volunteers may also assist you with certain services. Additionally, you may have vendors and other observers monitoring or participating in your care.

Registration

The Flint Hills Campus main registration desks are located on the first floor between the main entrance lobby and the Emergency Department lobby. Registration is open 6:00 a.m. to 5:00 p.m., Monday through Friday.

Surgery Center registration, located in the northwest section of the main building in the surgery waiting room, is open 7 a.m. to 3:30 p.m., Monday through Friday.

Outside these hours, for assistance, contact the main Flint Hills Campus number at (785) 238-4131, and ask for registration. Please note registration desks are closed on Thanksgiving and Christmas. All other holidays may vary.

COMMUNICATION SYSTEM

Calling Your Nurse

Hospital

Push the “Call” button at your bedside if you are uncomfortable, worried, in pain, need to get up, have a question or are in need of assistance.

Clinics

Nurse call systems are in use in limited areas of the clinics. If you need assistance while in an exam room, please call out for the nurse. Nurses’ desks are located close to exam rooms so we can respond promptly to your needs.

Telephones in Our Facilities

Clinics: See our reception desk for assistance if you need to make an urgent call.

Flint Hills Campus:

- Local calls (no charge): Dial 9 + number.
- Long distance calls: Dial 9 + 0 + Area Code + Number + your credit card number. All long distance calls must be collect or charged to a credit card or your home phone.
- To receive calls: Ask your friends and relatives to dial (785) 238-4131, and ask the operator to transfer them to your room.
- To make calls within the health center: Dial 5 then the last four digits of the phone number. The number may be answered by the health center’s voice mail phone system. Please leave your name and number so someone in the department can return your call.
- To ignore calls: There may be times when you and/or your physician feel it is in your best interest not to receive telephone calls. In this case, no calls will be placed to your room telephone until your status changes.

Note: If you are hearing impaired, ask your nurse about our teletypewriter (TDO) or volume control for your telephone.

Team Member Telephones

We use technology that allows us to communicate with hospital team members and outside resources quickly and efficiently, ensuring you get the most immediate care and attention available.

You may see some of our team wearing a small white or black device around their neck. This is the Vocera® Communication Badge, a voice activated, hands-free communication method, allowing users to keep working while communicating with each other.

Additionally, some of our team may be using an iPhone or Android smartphone, allowing them to securely send and receive text messages as well as receive key alarm and alert notifications wherever they are in the facility. While it may look like a hospital employee is conducting personal business on their cellphone, they are actually communicating with other coworkers and receiving critical information about you and other patients in the facility.

Valuables

You are strongly encouraged to leave your valuables at home. Stormont Vail will not be liable for loss or damage of any personal items that a patient may choose to keep with them and will not replace any personal items that are damaged, lost, or stolen. Should you elect to bring valuables with you, the hospital is not responsible for losses. In an urgent situation, valuables may be stored in the safe maintained by Security. Call (785) 579-4527 for pick up and/or return of your valuables. You can also let your nurse know, and the Stormont Vail team will arrange to have your valuables picked up.

Lost and Found

Contact Security immediately for items lost or left at the hospital. Security's telephone number is (785) 579-4527.

Mail

We deliver your incoming mail Monday through Friday. You may give your stamped, outgoing mail to your nurse or volunteer. Outgoing mail can be dropped off at Central Supply in the team member hallway of the main building. Outgoing mail must be stamped before being dropped off.

Wireless Internet Access

Stormont Vail is pleased to offer free wireless internet access to our patients and visitors. To access this service, please select the **svhc_visitor** wireless network and use the password **visitor_SV**.

Please note that in order to use this service, you must accept the Stormont Vail Wireless terms of use. After launching your web browser, you will be directed to the terms page automatically. Click the "I agree" box and hit "OK" to agree to the terms of use. You will then be connected to the Stormont Vail visitor wireless internet service.

PATIENT SAFETY

Caring for patients and families is the cornerstone of what we do at Stormont Vail. Every day, patients entrust their health care to our Stormont Vail team. It is our responsibility

to provide you with a safe and quality experience. The goal of patient safety has always been at the forefront of our organization, but now more than ever, we are focusing on a culture and commitment to safe, quality care.

We conduct regular patient safety leadership rounds led by our chief nursing officer, chief medical quality officer, physicians and other members of senior leadership. We recognize that team members know best what changes are needed; our job as leaders is to ensure team members have the resources to get it done. During these rounds, team members have provided meaningful dialogue resulting in process changes that make our organization safer for patients and team.

Additionally, we have identified several areas of emphasis for team members, patients and visitors. We invite patients and visitors to talk with the patient care team about these topics:

- **Wash your hands.** Every patient care team member should wash or foam when they enter and leave patient rooms. Please feel free to talk with your care providers about this if you do not see them doing it. Patients and visitors should wash or foam hands upon entering and exiting as well.
- **Use two patient identifiers.** You will be asked the same questions several times as team members make sure they are using two identifiers. Please know this is part of our process to keep you safe.
- **Use safe medication practices.** You will be asked about your medications several times as well. Please ask questions if you do not understand your medications, their purpose, their potential side effects, etc. Most areas utilize barcode scanning to support correct medication administration. Please feel free to talk with your care providers if you do not see them scanning your wristband and your medications before they give them to you.
- **Prevent falls.** When in the hospital, please call your nurse before trying to get out of bed.
- **Improve communication between team members and patients.** Please feel free to ask questions of your patient care team. Communication is key to the best possible outcome.

With all of us — team members, patients and visitors — working together, we can provide safe care and get patients back to their lives as quickly as possible.

Rapid Response Team

A rapid response team consists of clinicians who bring a highly organized response to a medical emergency.

The goal of RRT is early intervention. RRT will assist the primary nurse in assessing the situation and initiating appropriate treatments and/or interventions. The team provides support and mentoring to the primary nurse and other patient care members.

Improvements since implementing RRT:

- Improved Delivery of Care
- Improved Patient Safety
- Improved Timeliness of Care
- Improved Patient Survival Rates
- Improved Interdepartmental Communication

Environmental Risks

All the buildings owned or operated by Stormont Vail Health are well-safeguarded from fire and storm. While you are at a Stormont Vail building, you may notice fire or other emergency drills. If you are an inpatient or a visitor in the hospital, your nurse may close the door to your room during such an event. If you are at a clinic or other facility, you may be asked to take shelter in the event of bad weather or to evacuate the building in case of a fire or other environmental emergency.

Fire Hazards

Bringing outside electrical devices into the hospital may result in a possible safety hazard. The Stormont Vail team, in coordination with our Clinical Engineering Department, will be happy to check out any such devices. Please ask your nurse for assistance before you utilize any electrical device that must be plugged into a wall outlet.

Infection Prevention and Control

The risk of infection is always greater for people who are already sick or in the hospital. For that reason, we take significant precautions to prevent the spread of infections, and we ask your help.

- **Clean hands:** Hand hygiene is a very important component of Infection Prevention and Control and is the number one way to prevent the spread of infections. We suggest that you and your visitors wash your hands frequently. Members of your health care team observe strict protocols to maintain clean hands. This includes, but isn't limited to, hand washing and the use of a topical skin disinfectant upon entering and exiting your room each time. Consider asking all health care workers who have direct contact with you whether they have washed their hands.
- **Healthy visitors:** Please make certain that no person with an infectious and/or communicable disease comes to visit you in the hospital or accompanies you for a clinic appointment. If you personally have contracted such a disease or have been exposed to a person recently with such a condition, please inform your nurse immediately.
- **Protective gear:** Standard precautions are protocols that members of your health care team will observe in the care of all patients, regardless of disease or diagnosis. In certain cases, you might receive care from professionals who wear protective garments such as gowns, masks, face shields and gloves. Some eye protection might also be utilized.
- **Isolated rooms:** Transmission-based precautions are used for certain infections. Patients with such infections who have to be admitted to the hospital are placed in transmission-based precautions to prevent the spread of infection and to protect the patient from further injury. This procedure will be explained to you if it is necessary. Patients with certain chronic infections will always be placed in isolation when they come to the hospital.

Color-Coded Wristbands

Alert wristbands are used to quickly communicate a certain health care status or an "alert" that a patient may have. This is done so every Stormont Vail team member can provide the best care possible, even if they do not know that patient. The different colors have certain meanings. The words for the alerts are also written on the wristband to reduce the chance of confusing the alert messages.

- **RED (Allergy)**

If you have an allergy to anything — food, medicine, dust, grass, pet hair, ANYTHING — tell us. It may not seem important to you, but it could be very important in the care you receive.

- **YELLOW (Fall Risk)**

The Stormont Vail team and your provider will determine if you need extra attention to prevent a fall. Sometimes a person may become weakened during an illness or after surgery. When a patient has this wristband, it indicates this person could fall and so needs to be assisted when walking.

- **PURPLE (DNR)**

The purple band means do not resuscitate.

- **GREEN (Latex Allergy)**

This green wristband will alert the doctors, nurses and other health care professionals about your allergy to latex.

- **PINK (Restricted Extremity)**

If you have a restricted extremity, the pink wristband is placed on the affected extremity to alert health care professionals to avoid using blood pressure cuffs and IVs in that extremity.

National Safety Goals

In connection with other hospitals, clinics and health care systems in America, Stormont Vail Health actively pursues nationally recognized safety goals, and we ask you to actively participate in this process. Several of the most important goals adopted nationally are covered in this section.

Communication

Broadly stated, numerous steps have been taken to enhance communications between those who provide your care. It is very important that every member of our team communicates with each other in a clear and timely manner that can be documented for future reference. It is also very important for you to be an active participant in this process. Please let us know of your needs, concerns and suggestions.

Patient Identification

If you receive inpatient or outpatient care, you will be asked to identify yourself frequently. Whenever possible, we will use at least two patient identifiers (not including your room number) before we provide any treatment or perform any procedure.

- **Wristbands:** If you are an outpatient or are admitted to the hospital, you will receive a patient identification wristband. Registration personnel should place this device on your wrist when you are admitted, and it must remain in place throughout your stay. If you do not promptly receive this wristband, or if your wristband turns up missing or is damaged during your stay, please advise us immediately.

- **Personal Details:** In case of procedures such as surgery, we will also take additional steps to confirm your identity. In addition to checking your identification wristband, you will be asked several questions such as your birth date or other personal details. You will also be asked about the treatment you

are receiving. For example, if you are having surgery on your knee, before the procedure begins, we will ask you to identify which knee.

Pre-Operative Verification

Before any procedure, we carefully follow the universal protocol for pre-operative verification. As a result, we will take several steps to verify the site of the procedure, the nature of the procedure and other required elements. This means that we will ask you many questions before initiating a procedure. Further, you might notice that we conduct a “time-out” before beginning each procedure as a precaution. If you feel that this process has not been completed, please advise us immediately.

Alarms Management

You may hear a variety of alarms throughout our organization. We will make every effort to answer these alarms promptly. The alarms are set at different times to inform your care team members of important information. If you hear an alarm, turn on your call light so your health care professional can come and address the alarm. Please do not silence or turn off any alarms at any time.

Medications

Stormont Vail Health dispenses millions of medications each year, and we take appropriate steps to identify each medication and patient correctly. If you have any concerns — for example, if you are presented with a new or unfamiliar medication — please tell your nurse immediately before taking the medication.

- **Home Medications:** Please keep a careful and accurate list of all medications you regularly take, including those without a prescription, such as aspirin, vitamins and anything else you buy over the counter, including home remedies. This information will help us in administering any other medications during your care.
- **Allergies:** If you have ever experienced an unexpected or adverse reaction to any medication, please advise your nurse. This also applies to reactions to items used topically such as medicated lotions or any discomfort or irritation you might have experienced after using adhesive tape.

Reducing the Risk of Infections

Because of the risk of infection that comes from spending time in a health care environment, we make every effort to comply with all the guidelines of the Centers for Disease Control and Prevention (CDC). For example, each of your caregivers is expected to wash or use hand sanitizer before and after seeing a patient. If you believe any caregiver has neglected this step, please ask that person to perform good hand hygiene before providing you with any care. We also ask that you notify your nurse immediately.

Fall Prevention

Falls are a common source of injury in the home as well as in public places. Hospitals are no exception. To help keep you safe during your stay, you may receive the following items: yellow wristband, bed alarm, chair alarm and/or non-skid socks.

Risk factors for falling:

- Medications can make you dizzy, sleepy and/or confused, which can impair your judgement.
- IV lines, oxygen or other tubes may get in your way.
- The hospital room is unfamiliar to you.

- You may be weak from illness and/or procedures.
- If you have fallen before, you are at greater risk of falling again. Please let your nurses know if you have had a fall in the last three months.

How to prevent falls:

- The nursing team will assist you in walking.
- Use your call light. Do not move on your own or let your family help you, even to use the bathroom. We want to help you.
- Never try to climb over a bed side rail.
- Most furniture is on wheels. Do not grab it to keep your balance or support yourself.
- Tell your nurse if you use walking aids such as a cane or walker. We can provide you with these during your stay.

Patient Participation

If you have any concerns related to this section or to any other aspect of safety, please notify your nurse immediately. Bring any safety concerns you might have to the attention of the Patient Experience team at Ext. 26277 or patientsafety@stormontvail.org. If you are not satisfied with your response, you may also report your concern to The Joint Commission by filling out a complaint form online at jointcommission.org or by sending a letter to:

Office of Quality and Patient Safety
The Joint Commission
One Renaissance Boulevard
Oakbrook Terrace, IL 60181

PAIN MANAGEMENT

Pain during a major illness, injury or after a surgical procedure is expected. Your health care team will work with you in managing the severity of your symptoms. We will help you set reasonable pain goals. Please understand, in some situations, a “0” pain level cannot be achieved.

When medication is needed:

- Keep the nurse informed of what methods are effective for treating your pain.
- Ask for medication before pain becomes unbearable.
- Be open to discuss pain medication combinations with your physician, nurse or pharmacist.
- Discuss with the nurse what pain management techniques you use at home.
- Don't be afraid to voice your pain to the nurse or physician.

Other effective comfort and pain management strategies:

- | | |
|-------------------------|------------------|
| • Ice pack | • Mouth swab |
| • Warm blanket | • Repositioning |
| • Warm or cold compress | • Walk the halls |
| • Extra pillow | • Bath or shower |
| • Neck pillow | |

Tips for Helping You With Pain Management

The nursing team will monitor your pain throughout your hospital stay. We want to know that we are treating your pain so that you are reasonably comfortable. Please be open with your nurse and physician so we can offer you the best type of pain control or relief.

Questions about your pain:

- Where is your pain located?
- Do you have pain all the time or just sometimes?
- How bad does it feel on a 0-to-10 pain scale, with 0 meaning no pain and 10 meaning the worst pain?
- What does your pain feel like? (e.g. burning, aching, stinging, etc.)
- When did your pain start?
- What effect does the pain have on your life? (e.g. sleep, appetite, activity, mood, etc.)

Please allow us to help you be more comfortable, and do not take medications that you, your family or friends brought in unless approved by your physician.

Pain medications are prescribed to treat pain. Addiction is rare in people who take it for this reason. Constipation is frequently a problem for people taking medications such as oxycodone, hydrocodone, OxyContin, Dilaudid and morphine when taken for more than a few days. Ask your physician, nurse or pharmacist for suggestions about this.

PATIENT SERVICES

Spiritual Care

Patients are welcome to invite their personal spiritual leader to visit them. The chapel is open 24 hours a day, seven days a week for prayer and meditation. The chapel is located on the first floor of the main building, across from the gift shop.

Interpreter Services

We try to provide you with information in a manner that you can understand. When needed, the hospital and clinic team will assist you with interpreter services in-person, by telephone or video.

Notary Service

Notary service is provided in the Flint Hills Campus administration office, case management office, and human resources office, without charge, from 8 a.m. to 4 p.m. weekdays, for medical documents.

Nutritional Services

The Nutritional Services Department provides meal services for patients at Stormont Vail Health Flint Hills Campus. A catering associate comes to the room and will take your order. Because your doctor may have placed you on a special diet, not all items may be available when you order. The catering associate can help you make selections in accordance with your diet. A registered dietitian is also available to help with any special dietary needs.

VISITOR INFORMATION

Dining Options

The Flint Hills Bistro

Eat in or carry out. Open 6:30 a.m. to 2 p.m., Monday through Friday. Breakfast and lunch specials, salads, dessert, bottle and fountain drinks, and snacks are available. Located in the main building, first floor.

Vending Machines

Vending machines offering a variety of food, beverages and snacks are located in two locations. Between the Emergency Department lobby and the main entrance lobby, and between the Medical / Surgical Unit and the Intensive Care Unit.

Visiting Hours

Visiting hours are generally 8 a.m. to 8 p.m. We request only two people visit at a time and that you limit your visit to 30 minutes. Many departments in the hospital have specific visiting guidelines. Please talk with your patient care team for details.

If you request your hospital admission to remain confidential, all information, including your assigned room, will be withheld from callers and visitors. Information will not even be given to your immediate family. This also means no mail will be delivered to you. As always, our goal is to provide you with a safe and comfortable environment.

Parking

There are four locations on the Flint Hills Campus for public parking: the main entrance parking lot, Emergency Department parking lot, Medical Arts II parking lot and Children's Mercy parking spots. The main entrance parking lot is located on the north side of the building and houses the main entrance and Surgery Center entrance. The Emergency Department parking lot is only for patients going to the emergency room, that cannot make it from the main parking lot. The Medical Arts II parking lot is located on the south side of the campus and is best for patients coming to appointments in the clinics. The Children's Mercy parking spots are located on the south west side of the campus. These are reserved for patients with appointments at Children's Mercy – Junction City.

Gift Shop

The Gift Shop offers a wide variety of merchandise for all ages. Baby and preemie items, jewelry, cards, gifts and snacks are just some of the items available to you.

Location: First Floor, Main Building

Phone: (785) 579-4743

Store Hours: 8 a.m. to 4 p.m., Monday through Friday
8 a.m. to 1 p.m., Saturday
Closed, Sunday

TOBACCO SMOKING CESSATION

At Stormont Vail Health, we promote a healthy and safe environment by prohibiting smoking in our facilities and on our grounds. This includes all offsite clinics.

Your Stormont Vail Health providers will ask you about your smoking and tobacco use at your clinic visits. Smoking cessation aids may be ordered by a health care provider for patients who are smokers or users of other forms of tobacco.

Stopping the use of tobacco, particularly smoking, is challenging and yet one of the single most important changes you can make for your health. If you have quit smoking or never smoked, we commend you. If you would like our assistance in quitting, we're here for you. Tell your doctor, nurse or respiratory therapist that you would like to try a tobacco cessation "Stop Smoking" program.

Other Resources to Stop Smoking

These provide free support, personalized strategies on how to quit and information about free and discounted medications. All of these resources are available in English and Spanish.

- **Kansas Tobacco Quitline:** 1-800-QUIT-NOW (1-800-784-8669) or kssmokefree.org
- **CDC guidance:** cdc.gov/tobacco/quit_smoking/how_to_quit/index.htm
- **Tips from Former Smokers:**
 - o **In English:** cdc.gov/tobacco/campaign/tips
 - o **In Spanish:** cdc.gov/tobacco/campaign/tips/spanish/index.html

HOSPITAL DISCHARGE

After your doctor has determined you are well enough to be discharged, your doctor will write discharge instructions. Do not leave until the nurse has reviewed your discharge instructions with you and you have received a copy of them in writing. Our goal is to be very timely with your discharge, but this process could take up to two hours, depending on your needs. We want to make sure you will be going home with everything you need. It is our intent to give you an anticipated discharge date so that you are prepared to have a ride available if you are unable to drive yourself home.

Before you go, please ask questions to make sure you understand your discharge instructions, including:

- What medicines you need to take when you get home and how, when and why you are taking them
- What problems to be watching for
- Who and when to call concerning problems
- What foods to eat and what foods to avoid, if applicable
- How to use any medical equipment you might be taking home with you
- When your next doctor's appointment will be

After you get home, you may think of more questions. If so, please call your physician's office.

FLINT HILLS CAMPUS DIRECTORY

The Main Building

Basement	Children's Mercy Junction City
1st Floor	Auxiliary Information Desk, Chapel, Emergency Department, Flint Hills Bistro, Gift Shop, Lab, Radiology (CT Scan, Nuclear Medicine, Ultrasound), Registration, Security, Stormont Vail Foundation, Surgery Center
2nd Floor	Cardiopulmonary and Cardiac Rehab, Intensive Care Unit, Medical/Surgical/Pediatric Unit, Medical Patient Rooms
3rd Floor	Wound Care Center

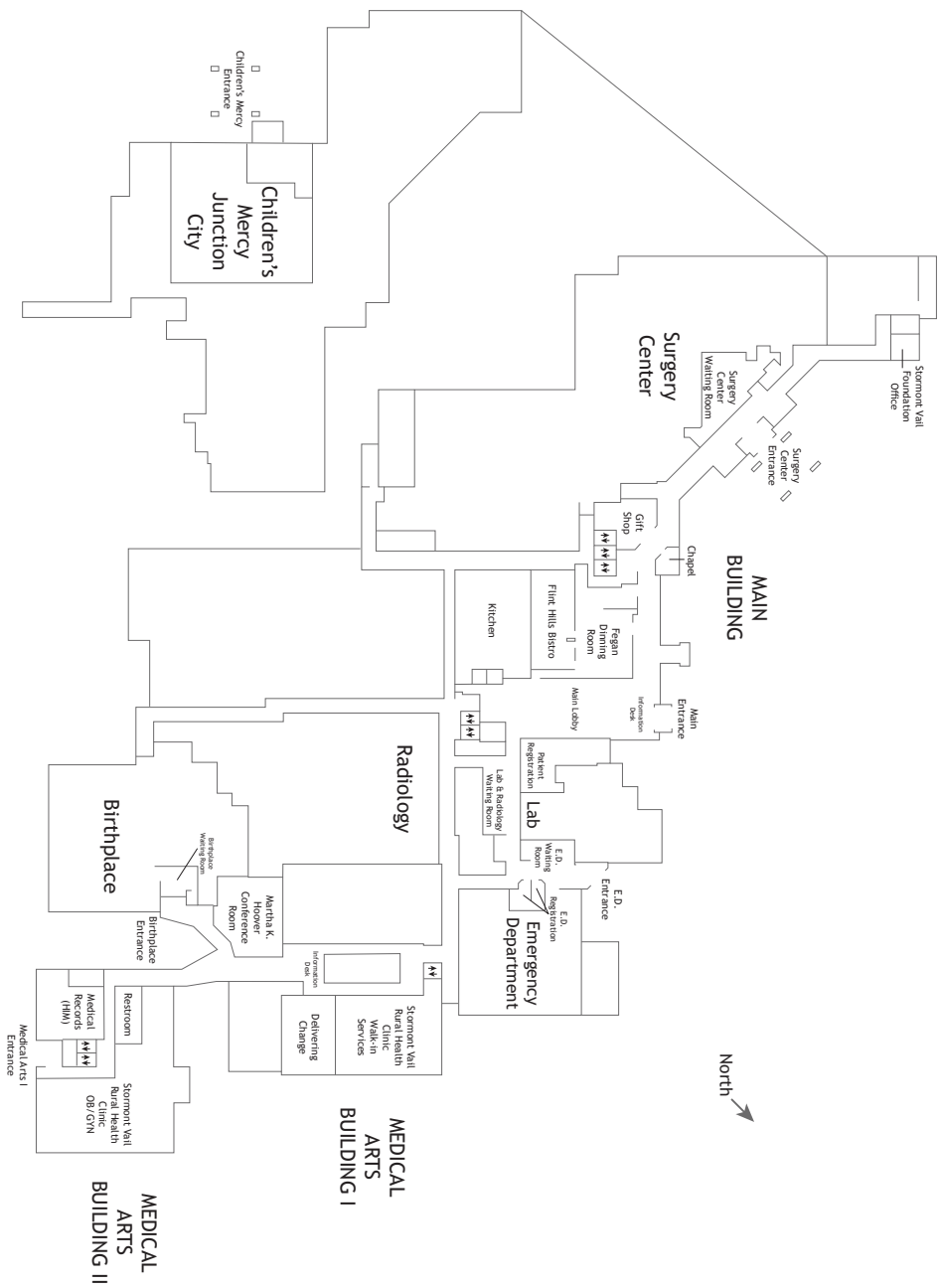
Medical Arts I

1st Floor	Auxiliary Information Desk, Birthplace, Case Management, Delivering Change, Outreach Clinics, Stormont Vail Rural Health Clinic: Walk-In Services
2nd Floor	Outreach Clinics
3rd Floor	Outreach Clinics

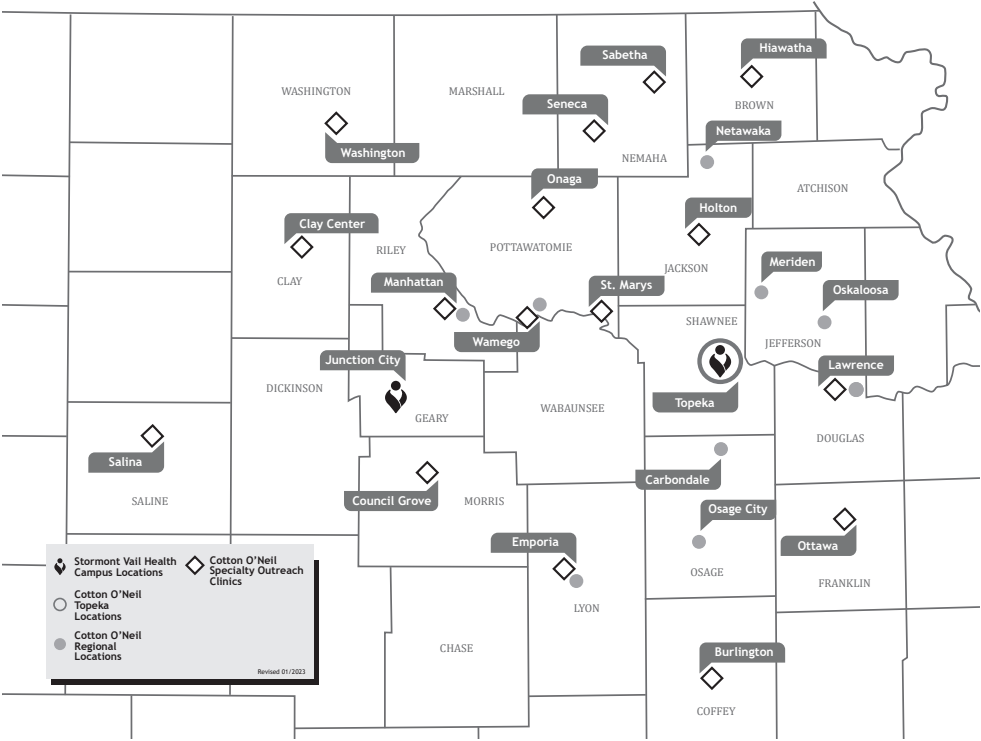
Medical Arts II

1st Floor	Health Information Management (Medical Records), Rural Health Clinic: Obstetrics & Gynecology
2nd Floor	Stormont Vail Rural Health Clinic
3rd Floor	Patient Financial Services
4th Floor	Stormont Vail Rural Health Clinic

HOSPITAL MAP



REGIONAL MAP



NOTES:





Stormont Vail Health

FLINT HILLS CAMPUS

Stormont Vail Health is available to provide healthcare resources for you and your family. For more information, visit our website at stormontvail.org.